



Annual Convention

June 3rd and 4th, 2026
Travelodge Hotel, Saskatoon

Thanks to our SSAI Convention 2026 Sponsors:



Special thanks to Aspen Films
for their technical expertise and for
their in-kind discount for this event.



Thanks to everyone who contributed to the silent auction, including:



Saskatchewan Seniors Association Inc.

2026 Convention – Travelodge, Saskatoon

***Please Silence Your Mobile Phone**



TIME	Wednesday, June 3, 2026
8:30	Sign-in & socialize
9:00	Light Start Breakfast (baked pastries, yogurt parfaits, fruit), coffee & tea
10:00	Welcome and opening remarks; Who's here; Learn more about SSAI
	Saskatchewan Blue Cross – Kari Dean
10:55	5-minute Exercise Snack
11:00	Virginia Pavo – Insurance Advisor – Harbourfront Estate Planning Services
11:55	5-minute Exercise Snack
12:00	Buffet Lunch (Soup, Salads, Sandwiches/wraps); 50/50 Draw
1:00	SHA Advance Care Planning - Karen Spilchak
1:55	5-minute Exercise Snack
2:00	AGM Reports: Financial, Bowling, Get-Active Challenge, club reports;
2:25	5-minute Exercise Snack
2:30	Coffee Break – Healthy Options (Cheese & Crackers, Veggies & Dip, Fruit)
2:45	Constitution amendments; Resolutions Round 1; Elections (2nd Vice, Vacant Directors/coordinators), Swearing in of officers, Photo; 50/50 Draw
3:55	5-minute Exercise Snack
4:00	Meeting for SSAI Executive, Directors, and Coordinators
6:00	Banquet & Social - Music & Entertainment by Treble Makers

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TIME	Thursday, June 4, 2026
8:00	All Canadian Breakfast Buffet (Eggs, potatoes, bacon, sausage, fruit, pastries), coffee & tea
9:00	TruStage Life of Canada/Purple Shield – Tammy Nienaber
9:55	5-minute Exercise Snack
10:00	Coffee Break – Healthy Options (Parfait Goodness)
10:15	Red Cross – Emergency Preparedness Workshop
11:25	5-minute Exercise Snack
11:30	SSAI Resolutions round 2
11:55	5-minute Exercise Snack
12:00	Buffet Lunch – Silent Auction ends; 50/50 Draw; Raffle Ticket Draw
1:00	Sask Districts/SPRA – workshops: grant writing/ board governance
1:55	5-minute Exercise Snack
2:00	Genie Senior Services – Konstantinos Georgopoulos
2:15	Coffee Break – (Loafing Around)
2:30	Interactive Group Discussions
3:10	5-minute Exercise Snack
3:15	Open Mic – Thoughts & Reflections; Closing Remarks and Next Steps
4:00	Adjourn Convention – Please hand in completed evaluation forms.