

SASKATCHEWAN SENIORS ASSOCIATION INC. NEWSLETTER



SSAI Bowling Tournament

A total of 54 bowlers participated at Hunter's Eastview Bowl on April 18-19, 2026. There were 13 mixed teams of 4 players and two individuals. All participants played 3 games on each day. Several people (26 on our list) bowled 3 strikes in a row and received turkey pins. At least 8 of those people bowled multiple turkeys! Special Thanks to our volunteer organizers for this event (Pictured from Left to Right): Maria Palmer (SSAI First Vice and Region G Director from Allan), Jane Uchacz (SSAI E14 Coordinator from Saskatoon), Leesa (from Eastview Bowl), Nici Warnock (SSAI Past President from Saskatoon), and Lorraine Thibeault (SSAI President from Shellbrook). Thanks also to Maria's daughter, Genny Burns, for helping us out at the event!



Results: Visit our website saskseniors.com/bowling to view the complete report and the official standings.

- 1st Place (*pictured above Left*) – Georgi and the Jets: Warren Knight (Invermay), Orest Shular (Wynyard), Dave Neufeld (Carrot River), and Yvonne Martens (Invermay)
- 2nd Place (*pictured above Right*) – Pin Splitters: Vicky Clayton (Maymont), Mandy Tracksell (Borden), Ian Tracksell (Borden), and Neil Clayton (Maymont)
- 3rd Place – Good Times: Robert Gentil-Perret, Darlyne Woodhouse, Cordell Haugen, and Abe Gaudet (all from Prince Albert)
- 4th Place – Saskatoon 4: Roy Friesen, Dale Ross, Gudrun Lettrari, Enrico Lettrari (all from Saskatoon)

SSAI 45-Day Get Active Challenge Results April 1 – May 15, 2026

Provincial Total = 860,961 Minutes of Activity. There were 248 participants from 21 clubs.

TOP MOVERS and SHAKERS:

Club with Highest Average minutes per Participant was Foam Lake Senior Centre with 8,893 minutes. Club with the highest percentage of members participating was a tie between Shellbrook Senior Citizens Co-op Club and Big River Seniors Association with 100% participation. Highest minutes by an individual participant was Jerry Cowan from Loon Lake Seniors with 18,875 minutes. Eldest participant with highest minutes was Pauline Volk from Unity New Horizons Association with 14,040 minutes.

Honourable Mention (in no particular order): **90+ years young & active:** Pauline Volk, Adeline Fossey, Edith Henry, Marjorie Hislop, Art Jones, Marion Miller, Marion Rude, Ray Peterson, Ella Reidt, Grace McTavish, Alfred Kahlert, Clara Butler, George Kuntz

Participant with Highest Minutes per club: William Johnston, Georges Doderai, Ann McKague, Kathleen Paul, Roy Wright, Pat Mila, Meada Wilson, Ken Moldenhauer, Wendy Cafferata, Louise Matzner, Betty Roberts, Emilie Fisher, Karen Hamel, Elizabeth Renz, Pauline Volk, Peggy Willman, Albert Huys, Jerry Cowan, Holley Train, Lyn Elder, Karen Beaupre, Rob Gentil-Perret

Eldest Participant per club: Diane Harding, George Kuntz, Joyce B., Roma Prosser, Arlene Walker, Gordon Butler, Pauline Volk, Marion Rune, Larry Hampson, Emilie Fisher, Eldeen Johnson, Harry Matzner, Grace McTavish, Fernie Schick, Donna Dodds, Verna Adamiak, Lorraine Lenson, Alfred Kahlert, Marilyn Mead, William Johnston



SSAI SUMMER LITERARY CHALLENGE

HAVE SOME FUN WITH THIS CHALLENGE!

1. CHOOSE your town, a town in Saskatchewan, or Canada and write a limerick, or
2. Use the letters from the word C-A-N-A-D-A and write an acrostic.

Submit your entry by email to info@saskseniors.com. Deadline is September 30, 2026.

A draw will be made from all entries. The winner will win a one-year membership to SSAI.

Visit our website to view entries and previous challenges - saskseniors.com/ssai-literary-challenge/

Examples:

<p><i>A Shellbrook Canadian I know Constantly played in the snow When asked why she'd play She replied, "There's no other way, Cause all it does here is snow."</i></p>	<p><i>C – creative A – active N – natural A – agreeable D – delightful A – amazing</i></p>	<p><i>Canadians are who we are Our ancestry's from near and far Our people are kind Well - most of the time We're loyal and sometimes bizarre.</i></p>
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Allan New Horizons

On Saturday May 2nd Allan New Horizons hosted a successful open house to display all the improvements that were done to the Centre. The club thanked everyone who worked hard to make it the welcoming place it is for the community to gather and hold events. The club also thanked all the associations that provided financial support. Without them none of our improvements would have been possible.

SSAI AGM/Convention – View Presentations Online

Saskatchewan Seniors Association Inc. hosted its annual convention on June 3-4, 2026, at the Travelodge, Saskatoon. 77 delegates attended from 37 communities and rural seniors' clubs. Aspen Films recorded the presentations, and these are available to watch online linked from our website: saskseniors.com. We had a full schedule of presentations including:

- Saskatchewan Blue Cross – Health Literacy and aging well in Saskatchewan
- Estate Protection: Leave More Than Money – Virginia Pavo
- Advance Care Planning – Saskatchewan Health Authority
- About SSAI; AGM Reports, Resolutions, Elections
- Canada Purple Shield – organize end-of-life and estate details
- Red Cross – Emergency Preparedness Workshop
- Funding + Foundations with the Saskatchewan Sport, Culture and Recreation Districts

Thanks to our convention sponsors:



Thanks to everyone who donated to the silent auction including:  **SaskPower**

SSAI RAFFLE REPORT

Draw was June 4, 2026 at SSAI Convention in Saskatoon. Tickets were \$2 each – (15,000 tickets were printed). 12,565 tickets were sold. 50 clubs who participated received \$1 for every ticket sold. Ituna Social Club sold the most tickets – 1,800!

Kinistino ½ Century Club was in 2nd place selling 1,500 tickets.

Maymont Seniors' Hall and

Unity New Horizons Assoc. were tied for 3rd place selling 1,000 tickets each.

Livelong Lakesiders was in 4th place with 761 tickets sold.

Thanks to everyone who participated by buying and selling tickets to support Saskatchewan Seniors Association Inc. and rural seniors clubs! Congratulations to the Winners:

\$1,000 ticket #02487 – Vicky Klimczak (Ituna) – Sold by Ituna Seniors Social Club

\$500 ticket #12024 – Heather Campbell (Ontario) – Sold by Ituna Seniors Social Club

\$500 ticket #02461 – Gloria Karpinski (Ituna) – Sold by Ituna Seniors Social Club

\$100 ticket #06622 – Raeleen Muller (Shellbrook) – Sold by Shellbrook Senior Citizens Co-op Club

\$100 ticket #02494 – Jeanne Benson (Saskatoon) – Sold by Ituna Seniors Social Club

\$100 ticket #09883 – Nathan Ede (Regina) – Sold by Ituna Seniors Social Club

\$100 ticket #13383 – Wendy Trask (Langham) – Sold by Delisle Senior Citizens Club

\$100 ticket #01403 – Donna Dreher (Delisle) – Sold by Delisle Senior Citizens Club

SSAI Tele-learning Workshops

Saskatchewan Seniors Association Inc. (SSAI) is excited to announce that we have once again received funding from the Government of Canada's New Horizons for Seniors Program. SSAI will use this funding to offer a series of Tele-learning workshops on topics relevant to seniors aging with dignity and independence. This project will help older adults learn new skills, increase their knowledge, make connections with others, and also engage them in volunteering and sharing their knowledge with others. It is important to support seniors living in rural or remote areas in Saskatchewan by promoting digital literacy skills and using technology to connect to a broader community.

SSAI will host three introductory online workshops before summer break. Volunteers will meet monthly to plan a Fall session of weekly workshops from September to mid-December and a Winter session from mid-January to end of March. We encourage seniors to register to attend these free online workshops and complete the post-event surveys to provide valuable feedback to help us improve as we proceed with this project.

Visit our website for more information and to register for workshops: saskseniors.com/workshops
Questions? Phone 306-493-3023 or email: info@saskseniors.com

We thank the Government of Canada's New Horizons for Seniors Program for their continued support in helping SSAI to improve the wellbeing of older adults across Saskatchewan.

Funded by the
Government of Canada's
New Horizons for Seniors Program

Canada 

Be part of a strong association and network with other seniors and rural seniors' clubs.
Reach beyond your own community to connect with other seniors and clubs from other parts of the province for support and new ideas.



ANNUAL MEMBERSHIP FEE - \$5/person

SSAI Clubs collect fees from each club member and remit to the SSAI Treasurer. SSAI Membership fees can be mailed to:

Shannon Wright, Secretary/Treasurer, Box 455 Vanscoy, SK S0L 3J0

Phone: 306-493-3023 email: info@saskseniors.com

Website: saskseniors.com



Subscribe to our email list

If you would like to receive emails from Saskatchewan Seniors Association Inc., send us an email at info@saskseniors.com with your request to SUBSCRIBE. You will receive emails regarding upcoming SSAI events as well as forwarded information pertinent to Saskatchewan Seniors.

Saskatchewan Seniors Association Inc. (SSAI) would like to acknowledge the support of Saskatchewan Seniors Mechanism (SSM) and the Saskatchewan Lottery Trust Fund for SSAI outreach to Seniors. Some of this funding pays for the quarterly distribution of the SSAI newsletter in Gray Matters.