



Annual Convention

June 6th and 7th, 2018

Heritage Inn, Saskatoon

THEME: *The Older I Get...*

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**SASKATCHEWAN
ROUGHRIDERS**



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“The Older I Get” - *excerpt of lyrics by Alan Jackson*

The older I get, The more I think
You only get a minute,
better live while you're in it
'Cause it's gone in a blink
And the older I get
The truer it is
It's the people you love,
not the money and stuff
That makes you rich

[Chorus]

And if they found
a fountain of youth

I wouldn't drink a drop
and that's the truth

Funny how it feels I'm just
getting to my best years yet

Saskatchewan Seniors Association Inc.

2018 Convention - "The Older I Get..."

Heritage Inn, Saskatoon – Wednesday, June 6, 2018

TIME	
8:30-10:00	REGISTRATION - coffee
10:00	Welcome and opening remarks – M.C. Mike Kaminski
	Greetings from Provincial Government - Warren Kaeding, Sask Party MLA Melville-Saltcoats
	Greetings from Saskatoon City Mayor's Office
	Seniors' Prayer (page 4) – Lorna Weldon, followed by minute of silence for departed members
10:50	SSM – Holly Schick
11:10	Diabetes Canada – Faith Rowland and Dave Parkalub
11:30	SSAI – Pat Trask, President
12:00 - 1:00	Introductory Open Forum; discussions over Lunch
1:00	Sask Health Authority – Scott Livingston, CEO
1:30	Minutes of 2017, Financial Report, (2017/2018), Website Report – Shannon Wright
2:00	Question and Answer Session on Authorizing Medical Cannabis with the Deputy Registrar of the College of Physicians and Surgeons – Dr. Micheal Howard-Tripp
2:30	Coffee Break
3:00	National Pensioners Federation – Trish McAuliffe
6:00-7:00	Banquet
7:00-7:45	Speaker: Alex Wasylycia from Prairie Plant Systems / CanniMed Therapeutics – "Medicinal/Recreational Marijuana"
8:00-10:00	Dance – Leon Ochs

Saskatchewan Seniors Association Inc.

2018 Convention - "The Older I Get..."

Heritage Inn, Saskatoon – Thursday, June 7, 2018

TIME	
8:00	coffee
9:00	Resolutions
10:00	Open Forum
11:00	Walkathon Report – Joan Boyer
	Bowling Report – Lorna Weldon
	Credential Report – Shannon Wright
11:15	Genealogy – Tammy Vallee, Saskatchewan Genealogical Society
11:45	Better Business Bureau – Karen Smith
12:15	Lunch
1:15	Forever in Motion – Kereen Lazurko
2:00	Drug Interactions and Your Medications – Terry Damm , medSask
2:30	Coffee Break
3:00	Election of officers
	Swearing in of officers
	Silent Auction ends; Raffle Ticket draw
	Any other business
	Adjourn Convention
4:00	Meeting for SSAI Executive, Directors, and Coordinators

Senior Citizens' and Pensioners' Prayer

Our Heavenly Father, we come to Thee and ask that Thou will guide and direct us in this, our meeting.

Grant O Lord, that all our decisions may be made with good judgement and with fairness to all concerned.

Dispel any dissension or discord that might arise, and if we are the minority give us wisdom and courage to accept it gracefully.

Grant, that we may have the initiative and will work together for the good of our Club and our community.

Help us to give a kindly word and friendly smile to those less fortunate than we, and may we never be hasty in judgement and always forgiving, seeing our own faults before seeing the faults of others.

Bless all our Seniors Citizens and Pensioners throughout this great land, heal the sick, watch over the lonely and give rest to the weary and heavy laden.

We thank Thee, Lord, for the health, the strength and privilege of being able to meet here and work together for the betterment of mankind.

All these things we ask in Thy Name,

Amen.

Written by: Linden M. Crowdis



www.siga.sk.ca

As we gather here today, we acknowledge we are on Treaty 6 Territory and the Homeland of the Métis.

We pay our respect to the First Nations and Métis ancestors of this place and reaffirm our relationship with one another.

2017-2018 Executive board of the SSAI

President.....	Pat Trask.....	373-2010
Past President.....	Fern Haight.....	544-2737
1st V/President.....	Lorna Weldon.....	554-3116
2nd V/President.....	Mike Kaminski.....	593-2222
Secretary.....	Shannon Wright.....	493-3023
Treasurer.....	Shannon Wright.....	493-3023
Webmaster	Shannon Wright.....	493-3023

Mailing Address:

SSAI Treasurer, Box 455, Vanscoy, SK S0L 3J0

Website: saskseniors.com

Email: info@saskseniors.com

DIRECTORS (as of May 31, 2018)

Reg A...Linda Ard, Meota, SK.....	892-2179
Reg B...Grace Strobel, Waldheim, SK.....	945-2141
Reg D...Yvonne Schlosser, Kerrobert, SK.....	834-8292
Reg F...Harold Pappenfus, St. Brieux, SK	275-4505
Reg G...Lylie Herman, Nokomis, SK.....	528-2030
Reg H...Mike Kaminski, Invermay,SK.....	593-2222
Reg J...Leo Wengel	

ORGANIZATIONAL COMMITTEES

SSAI Resolutions – Mike Kaminski, Ken Forbes, Ferne Roadhouse, and Fern Haight

SSAI Bowling Tournament – Lorna & Ed Weldon, Wilma Park, Pat Trask

SSAI Walkathon – Joan Boyer

SSAI Raffle Tickets – Shannon Wright

2018 Convention – Pat Trask, Fern Haight, Lorna Weldon, Barb Johnson

Nominations – Lylie Herman, Grace Strobel, Linda Ard

Silent Auction – Linda Ard

50/50 – Ed Weldon

President' s Message

Hello everyone and welcome to our annual convention. I am pleased to see people registered here representing most areas of the province. We realize that the distance to travel doesn't allow many of our members to attend. We hope that the clubs feel they can afford to pay for their delegates so that we have a good number of people attending.

Now more than ever it is critical to have a strong voice coming from the senior population....now when there is so much more that a government should be, so much more that a government that cares about its seniors could do!

A lot of attention is paid to our membership numbers when it comes to governments making a decision on funding requests. That is why it is so important to make sure that you have your membership up to date. Remember it is your responsibility to support the things that affect your life....if you don't...then who do you suppose is going to do it for you?

Have a good convention and please take an active part in the debates and deliberations.

Pat Trask, President
Saskatchewan Seniors Association Incorporated
(306)373-2010
1504-2503 Louise Street
Saskatoon, Saskatchewan



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Past President's Report

Another year has gone by and it is convention time again. During the year I was able to attend two of the four meetings held by SSAI. To those not aware, I have moved to the Bentley in Saskatoon, so I no longer reside in Hanley. The Bentley was kind enough to offer their family room for the SSAI meetings, so that is where we met. Lunch is supplied for a reasonable price.

My health has given me a few problems. I spent ten days one time and thirty-five days another time in the hospital in Saskatoon. My lungs were ceasing to function due to the medication I was put on. I then was sent home with oxygen. I am now feeling reasonably well and no longer need the oxygen. My lungs have improved immensely.

All of these experiences made me more aware of the need for senior intervention regarding our health system. We need the voice of seniors to inform the government of the needs of seniors today. This senior organization has the capability of doing this if they work together as a unified group, visiting government, carrying the messages from the seniors. One cannot do it alone. SSAI needs the many voices of seniors to make an impression on our government. SSAI must remain strong and active. It then can do so much for seniors who work together in an unified organization. So I am asking you to give SSAI your support and help seniors age with dignity which they so deserve. I wish everyone a year full of good health and happiness.

Fern Haight, Past President

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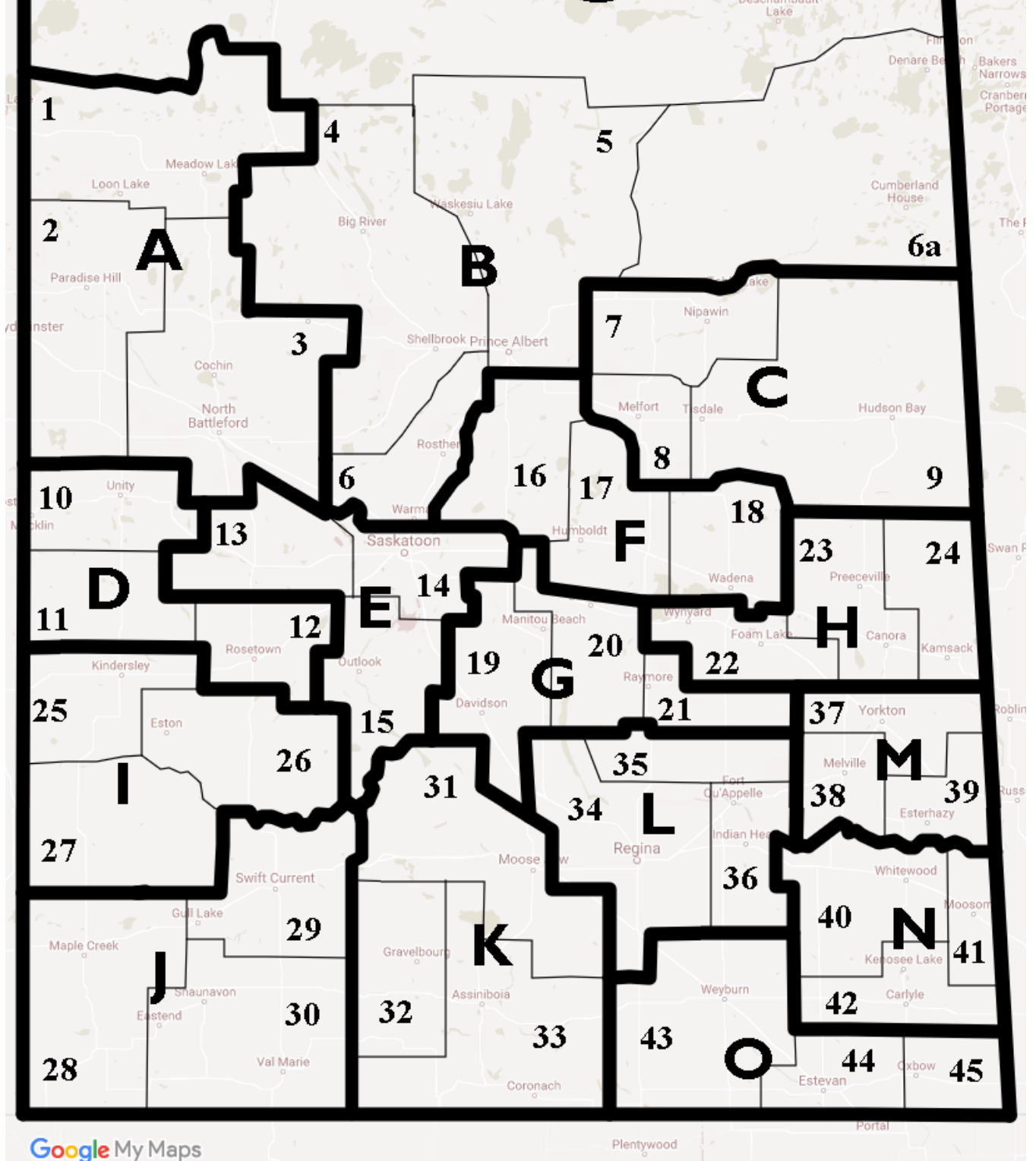
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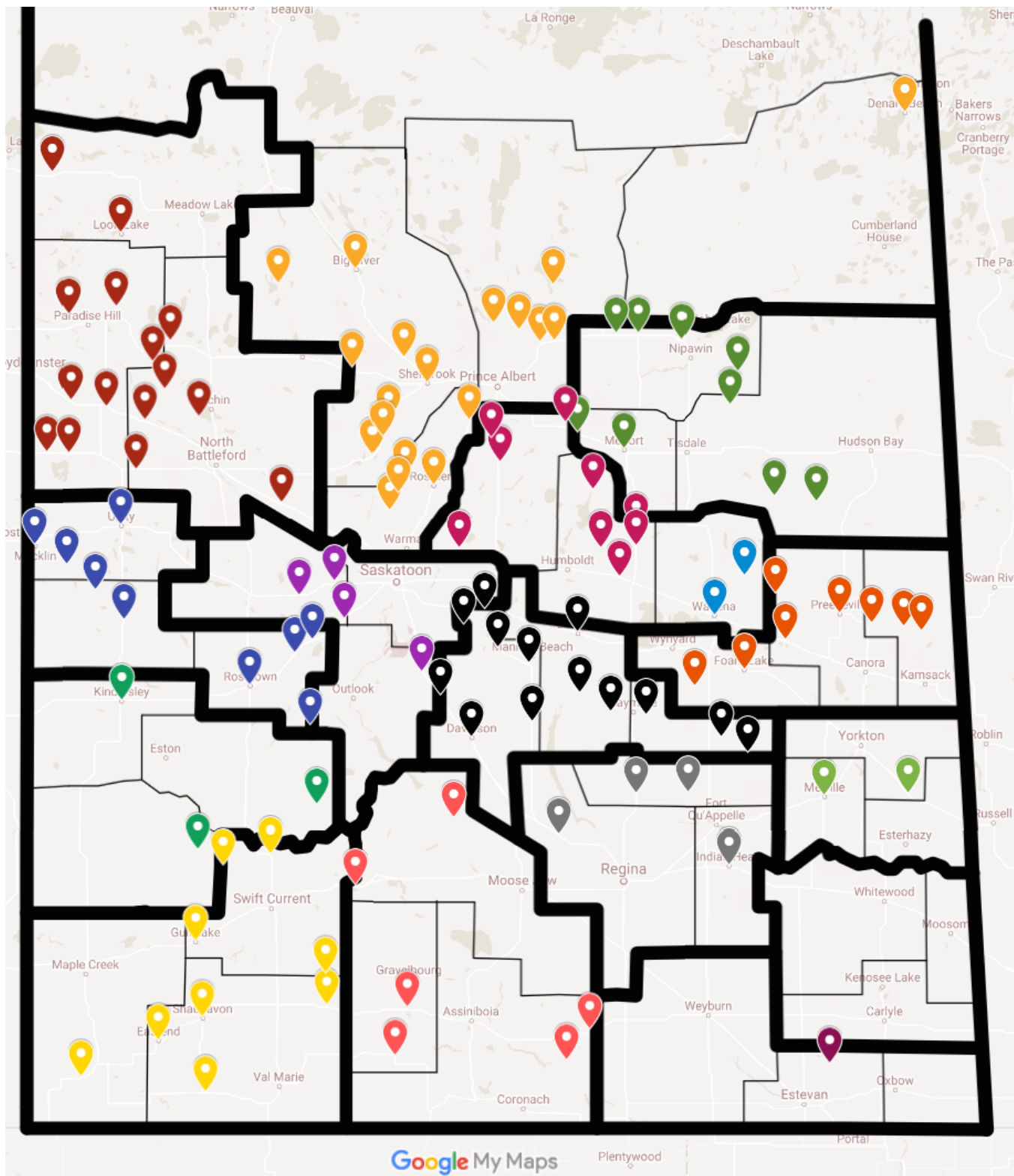
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SSAI Regions



SSAI Clubs



Club #	Club Name	Region	District	# members
48	Loon Lake Seniors Inc	A	1	52
28	Pierceland Senior Citizens	A	1	52
76	Frenchman Butte Senior Citizens	A	2	35
108	Lashburn Senior Citizens Club	A	2	24
361	Livelong Lakesiders Seniors	A	2	58
213	Maidstone Sr Citizens Drop In	A	2	28
336	Marsden Golden Age Group Inc	A	2	25
142	Mervin Merrymakers	A	2	32
148	Neilburg SSAI	A	2	41
47	St Walburg Seniors	A	2	27
70	Cut Knife SSAI	A	3	58
49	Edam 49Érs	A	3	49
214	Maymont Seniors' Hall	A	3	29
134	Meota Do Drop In Inc	A	3	42
226	Paynton Pioneers Inc.,	A	3	28
64	Big River Seniors Assoc. Inc	B	4	39
81	Blaine Lake Seniors Centre	B	4	129
80	Canwood Senior Citizens	B	4	36
58	Chitek Lake Sunshine Group	B	4	18
69	Leask Happy Home Steaders	B	4	59
305	Marcelin Senior Citizens	B	4	41
95	Shell Lake Senior Citizens	B	4	35
68	Shellbrook Senior Citizens Co-op Club	B	4	42
441	Candle Lake Seniors	B	5	50
60	Christopher Lake Pine Tree Heritage Club	B	5	11
458	Meath Park Seniors	B	5	37
457	Paddockwood Senior Citizens Club	B	5	11
354	Weirdale Senior Citizens Club	B	5	23
602	Hepburn Golden Age Centre	B	6	34
321	Laird New Horizons	B	6	23
172	MacDowall Seniors Club	B	6	20
171	Rosthern Senior Citizens	B	6	64

103	Waldheim New Horizons	B	6	140
450	Denare Beach New Horizons Club Inc	B	6A	32
33	Carrot River Seniors	C	7	49
15	Choiceland Sr Citizens Club	C	7	23
144	Snowden Pensioners & Senior Citizens Assoc.	C	7	16
12	White Fox Senior Citizens	C	7	30
319	Kinistino 1/2 Century Club	C	8	35
341	Melfort Senior Citizens Club	C	8	136
40	Arborfield sunset Lodge	C	9	44
284	Porcupine Plain Sunset Club	C	9	58
258	Weekes Golden Age Club	C	9	47
442	Denzil Seniors Club	D	10	40
333	Macklin & District New Horizons	D	10	54
255	Unity New Horizons Assoc.,	D	10	44
35	Kerrobert SSAI	D	11	42
106	Luseland Pioneer Club Inc	D	11	67
101	Dinsmore Gaiety Group	D	12	49
162	Harris - Tessier New Horizons Centre Inc	D	12	9
504	Rosetown Senior Citizens Program Inc	D	12	39
201	Asquith Better Life Recreation Assoc	E	13	38
287	Delisle Senior Citizens Club	E	13	58
309	Hanley Seniors	E	15	50
289	Domremy Golden Age Club	F	16	50
252	St. Louis - St Joseph Seniors Club Inc	F	16	125
150	Vonda Golden Age	F	16	35
259	Weldon Silver Tone Club Inc.,	F	16	30
147	Annaheim New Horizons Club	F	17	67
476	Englefeld Good Neighbors Club	F	17	43
221	Naicam Sr. Citizens Assoc	F	17	49
139	Spalding New Horizons Senior Centre	F	17	20
251	St. Brieux New Horizons Club	F	17	62
292	Young Golden Age Club	G	10	43
605	Allan New Horizons Seniors	G	19	44
467	Colonsay Senior Citizens	G	19	19
9	Davidson Senior Citizens	G	19	31

77	Imperial Senior Citizens Club Society	G	19	20
113	Kenaston Seniors Inc.,	G	19	48
420	Watrous Seniors Co-operative	G	19	44
104	Lanigan Merry Mixers Inc	G	20	12
158	Nokomis Seniors Welcome Inn	G	20	17
153	Semans Drop-In Centre Inc	G	20	23
167	Ituna Social Club	G	21	32
506	Kelliher Senior Citizens Co-operative Hall Ltd	G	21	37
152	Quinton Golden Age Club	G	21	23
146	Foam Lake Senior Citizens Inc	H	22	113
235	Wishart Welcome Inn	H	22	48
140	Invermay Golden Age Club	H	23	17
29	Lintlaw Golden Glory Club	H	23	17
115	Preeceville Seniors Club	H	23	65
137	Norquay Involved Community Effort (NICE)	H	24	32
359	Pelly Happy Hearts Club Inc	H	24	44
160	Stenen Senior Citizens Dew Drop Inn	H	24	23
30	Kindersley Today Seniors	I	25	32
22	Beechy Social Club Inc	I	26	14
53	Cabri Senior's Co-operative	I	27	38
157	Consul Reno Senior Citizens Club Inc	J	28	10
57	Gull Lake Seniors Inc.,	J	29	66
360	Pennant Happy Gang	J	29	17
401	Stewart Valley Happy Valley Club	J	29	35
414	Vanguard Senior Citizens Assoc	J	29	16
505	Aneroid 50 Plus Inc	J	30	35
19	Climax South Line Senior Citizens	J	30	35
161	Eastend Activity Centre	J	30	21
13	Shaunavon Pioneers Assoc	J	30	65
178	Eyebrow Senior Citizens Club	K	31	19
72	Morse Seniors Group Inc.,	K	31	10
303	Glentworth Come & Go Club	K	32	14
170	LaFleche Club 50	K	32	93
23	Bengough New Horizons Searchers	K	33	18
188	Ogema Dew Drop In	K	33	26

151	Bethune 50 Plus Club	L	34	20
105	Dysart Golden Year Club Inc	L	35	15
479	Southey Senior Citizens Club	L	35	49
189	Indian Head Heritage Club	L	36	40
39	Bredenbury Busy Bees	M	37	19
54	Melville Senior Citizens	M	38	55
198	Lampman Prairie Lily Club	O	44	22

As of May 31st, 2018:

109 Clubs associated with SSAI

4369 Members

*Note: This list is based on the clubs who had paid their memberships in the past year. As of May 31st, 2018, 67 out of 109 clubs on the list have renewed their membership fees for 2017/2018 (expire March 31, 2019) and updated their executive contact information.

Minto Rec Centre



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SSAI CONVENTION MINUTES - June 7, 2017

Travelodge Hotel, Saskatoon

1. Called to order at 10:30 by 2nd Vice Mike Kaminski – Welcome! Write down 150 things to accomplish this year for Canada 150!
2. Lorna Weldon introduced first guest speaker: Bev Dubois (Deputy Mayor, Councillor for Ward 9 in Saskatoon) – greetings on behalf of City Council.
3. Mike Kaminski introduced Jeff Bent, Acting Chief from Saskatoon Police – greetings on behalf of Chief Weighill & all members of Saskatoon Police Service. Spoke briefly about seniors falling victim to fraud through scams (computer, telephone, etc).
4. Lorna Weldon lead everyone in reciting the Seniors Prayer; Minute of silence for departed members.
5. Mike Kaminski introduced Pat Trask, SSAI President. [insert president's report]
6. Pat introduced guest speaker: John Schachtel from Mourning Glory Funeral and Cremation Services
7. Break for lunch from noon – 1:00pm
8. First 50/50 draw winner: Yvonne Schlosser \$118.50
9. Grace Strobel introduced Mike Kaminski (spoke on behalf of Herb John, President of National Pensioners Federation, who was unable to attend). Mike talked about the history of SSAI and NPF rooted in Saskatchewan and the dedicated leadership required to fight for seniors - the important role that Herb John plays as a national leader; the viability of the organization at the national level; ways to increase/grow membership to become a more engaging organization. Mike summarized the effects of the Provincial budget cuts and their effect on seniors.
10. Credential Report – presented by Shannon Wright

Executive	5
Directors	3
Coordinators	6
Delegates (voting)	47
Delegates (non-voting)	3
TOTAL	64
11. Minutes of 2016 Convention – prepared by Betsy Redstone, read by Shannon Wright. Motion to approve the minutes as read - made by Linda Ard, 2nd by Kitty Larson (Club 81 Region B4). All in favour. Carried.

12. Financial Report – presented by Shannon Wright, SSAI Treasurer. Motion to approve the financial report – made by Mike Kaminski, 2nd by Fern Haight. All in favour. Carried.
13. Canada 150 Presentation – Powerpoint presentation by Mike Kaminski: Summary of historical highlights and milestones.
14. Linda Ard lead singing of O Canada; Pat Trask and Fern Haight served Canada 150 cake during coffee break. Open Mic session (various stories and jokes).
15. Linda Ard introduced the next guest speaker: June Gawdun from Saskatoon Council on Aging (SCOA)
16. Shannon Wright introduced Perry Gursky, owner of Metalman Art & Design. Perry talked about his business and services.
17. Second 50/50 draw winner: Graham Shackleton \$42
18. Pat Trask introduced Tradeshow vendors
19. Banquet preparation.
20. Banquet
21. Banquet speaker – Dr. Ryan Meili
22. Entertainment. Leon Ochs, Landis, Sask.

SSAI Convention Minutes – June 8, 2017

Travelodge Hotel, Saskatoon

1. Morning Greetings from Mike Kaminski. Introduced nominating committee: Lylie Herman and Grace Strobel. Pat Trask is willing to let her name stand for the position of President. Lorna Weldon is willing to let her name stand for the position of 1st Vice.
2. Fern introduced guest speaker: Janice May from Saskatoon Housing Authority.
“It’s always nice to know what the journey is going to be like before we reach the destination.” – Fern Haight
3. Resolutions – committee: Mike Kaminski, Fern Haight, Ken Forbes
4. Bowling Report – presented by Lorna Weldon; report also posted on the website. Thanks to Minto Bowl for \$250 Convention Sponsorship.
5. Walkathon Report – results prepared by Joan Boyer; reported by Sheila Righi. Thanks to Marie-Ange Rancourt for all of the work that she has done in the previous years.

6. Credential Report – presented by Shannon Wright

Executive	5
Directors	3
Coordinators	6
Delegates (voting)	36
Delegates (non-voting)	2
Visitor	1
TOTAL	53

7. Third 50/50 draw winner: Lawrence Meier \$82

8. Sheila Righi introduced guest speaker: Holly Schick from Sask Seniors Mechanism (SSM). Holly provided a handout to follow along with her presentation. “Frauds and Scams Handbook” was redone and Holly provided copies for delegates.

9. Lunch break

10. Pat Trask spoke about how the convention committee chooses speakers each year.

11. Open Mic session – sharing club successes; jokes; stories.

12. Nomination/Election of Executive – Call for nominations for President. Motion to cease nominations made by Lawrence Meier; 2nd by Linda Ard. All in favour. Carried. Mike Kaminski declares that Pat Trask is SSAI President by acclamation.

Call for nominations for 1st Vice. Motion to cease nominations made by Nel Heckel, 2nd by Bill Sherlock. All in favour. Carried. Mike Kaminski declares that Lorna Weldon is SSAI 1st Vice by acclamation.

13. Swearing in of officers – Lead by Cindy McLean (Executive, Directors, Coordinators)

14. Pat Trask spoke to thank everyone for their support and to also recognize the convention sponsors: \$500 from SIGA, \$500 from Metalman Art & Design, \$600 printing discount from Staples, \$250 from Dwein Trask Realty, \$250 from RYJO Tours, and \$250 from Minto Rec Centre.

15. Roughrider Raffle Tickets – raised over \$1600! Asked for the oldest delegate to draw the winners... It’s Fern Haight’s 91st birthday! Sang Happy Birthday. Winners: 1st Prize – Garth Ratkin from Punnichy, 2nd Prize – Gerald Kinwell from Rosetown, 3rd Prize – Michelle Glas from Invermay

16. Fourth 50/50 draw winner: Linda Ard \$72

17. Silent Auction raised \$628

18. Pat declared the convention closed and thanked everyone for coming.

SSAI WALKATHON 2017

ANOTHER SUCCESSFUL YEAR!

YOU WALKED: 31060 MILES CLUBS: 30 WALKERS: 244

DID YOU KNOW YOUR BODY CRAVES FOR EXERCISE?

BE SMART WHEN YOU EXERCISE:

KEEP IT SIMPLE
MEASURABLE
ACHIEVABLE
BE REALISTIC
SET A TIME GOAL

NOW THE RESULTS OF ALL THE WORK...

HIGHEST AVERAGE MILES WALKED PER WALKER:

KELLIHER SENIORS 210.7 REGION G

HIGHEST AVERAGE MILES PER CLUB MEMBER:

ALSASK DROP INN CLUB 111.64 REGION I

HIGHEST PERCENTAGE OF CLUB MEMBERS WALKED:

ALSASK DROP INN CLUB 85.71% REGION I

HONOURABLE MENTION PERSONAL ACHIEVEMENT:

JEANNE SONMOR 875 MILES ALSASK DROP INN CLUB REGION I

JOHN NAGY 672 MILES QUINTON GOLDEN AGE REGION G

Visit the website for more details: www.saskseniors.com

SSAI Resolutions 2017

A.HEALTH CARE

1.Transitioning – The Need for Health Care Consultations with Seniors

Whereas the delivery of health services across the 12 health regions in the province have had a wide variance in the quality and capacity;

Whereas, the transitioning to one health authority will necessitate many program delivery changes in health regions;

Whereas, the accessibility of health services for seniors in rural Saskatchewan has become a very serious concern;

Whereas the provincial financial position is affecting the manner and methods being implemented in health services delivery; the increased charges for medications and services is making it very difficult for some seniors to afford them;

Therefore Be it Resolved that Saskatchewan Seniors' Association Incorporated lobby the Ministers of Health and the Government of Saskatchewan to ensure that meaningful consultations with each provincial seniors' organization in respect to making the delivery of health services to seniors more effective and timely, in light of the transformational changes being implemented in regards to transitioning from 12 Health Regions to one Health Authority.

SSAI JUNE 8, 2017 - PASSED

2. Cancellation of Wellness Clinics : (note: combined #2 and #4)

Where as Seniors have dedicated their lives to improve their communities to live out their lives in comfort, and whereas the Federal Government has recently provided the provinces monies for Home Care and Mental Health, and

whereas many seniors are diabetics or have high blood pressure and need to be monitored regularly and have professional foot care.

Whereas: The Wellness Clinics in PAPHR have been discontinued.

Whereas: Rural Seniors have difficulties getting to more centralized locations.

Therefore be it resolved That SSAI lobby the Government of Saskatchewan to ensure that Wellness Clinics in the smaller rural communities be reinstated as soon as possible.

**SSAI JUNE 8, 2017 -
PASSED**

3. Shingles Vaccine

Whereas ----Consider making vaccines available for the prevention of the shingles -- causing virus more readily available to Seniors who are at an increased risk for contact shingles as well an increased issue, e.g. ,, pain and health wise.

Whereas --The vaccine at present is very costly and requires a Physicians prescription. This is inconvenient or even prohibitive for many seniors. This could be a significant saving to the Health Care system in decreasing costly effects of shingles.

Whereas seniors in the province are being taxed of their finances and are experiencing extreme difficulty in being able to afford the necessities of life.

Therefore Be it Resolved -- that SSAI lobby the government of Saskatchewan to make the shingles vaccine available through Pharmacies or Nurse Practitioners (much like the influenza and pneumonia are given now) at no cost to seniors.

SSAI JUNE 8, 2017 - PASSED

B. LIVING WITH DIGNITY - FINANCIAL

1. TAXING SENIORS HEALTH BENEFITS

Whereas many seniors on fixed incomes have financial difficulty making ends meet without further off-loading and downloading of existing program costs;

Whereas Old Age Pensions and Supplements have not increased sufficiently to cover the increased financial demands due to the cost of living, increased utility costs, medication costs, property taxes, etc.

Whereas many seniors are being challenged to try to live in dignity while receiving benefits below the poverty level;

Therefore be it resolved that SSAI through the National Pensioners' Federation to oppose the Federal Government's proposed Taxing of Seniors' Health Benefits.

SSAI JUNE 8, 2017 - PASSED

2. Seniors Safety

Whereas: Many seniors live alone and family members worry for their safety.

Whereas: Many can't afford to have a security systems installed and pay a monthly payment.

Whereas: Our Gov't encourages seniors to stay in their homes.

Therefore be it Resolved: That SSAI lobby the Government of Saskatchewan to offer monetary help in the way of grants or reimbursements to help keep people safe and remain in their homes with the purchasing security systems.

SSAI JUNE 8, 2017 – PASSED w/o amendment

3. Seniors Safety

Whereas: Many seniors live alone and family members worry for their safety.

Whereas: Many can't afford to pay a monthly payment for Medic Alert.

Whereas: Many Seniors, who live alone, are more prone to falls at home – in the house, apartment, yard, etc. and are not able to get up and move to safety

Therefore be it Resolved: That SSAI lobby the Government of Saskatchewan to provide Life line or Medic Alert service to seniors 65 years of age or older at no charge.

SSAI JUNE 8, 2017 - PASSED

C. ADVOCACY – SENIORS' VOICE

1. Engaging Members in Program Delivery

Whereas seniors live throughout the province and don't always have access to programs or services in larger centres;

Whereas SSM accesses funding from New Horizons and the Ministry of Health to provide programs services for seniors provincially;

Whereas many seniors' organization have a very close, engaging relationship with their membership and are more sensitive to their needs;

Whereas SSM is trying to serve as an umbrella organization for seniors, but hasn't involved seniors' organizations as much as they could have in the delivery of many programs – Active Aging, Isolation, Age Friendly, etc.

Therefore Be it Resolved that Saskatchewan Seniors' Association Incorporated lobby the Saskatchewan Seniors' Mechanism to review their programs for seniors and to develop strategies for engaging member organizations in the delivery of seniors' programs – especially in rural Saskatchewan.

SSAI JUNE 8, 2017 - PASSED

2. SENIORS' ADVOCATE

Whereas the ombudsman's office has a very broad portfolio and cannot really be focused on the range of issues facing seniors;

Whereas some provinces have created this position to more effectively address the needs of seniors so that they can live in dignity;

Whereas the office would provide a focal contact point whereby seniors and senior organizations could more effectively communicate concerns with government

Therefore Be it Resolved that the Government of Saskatchewan create the position of Seniors' Advocate to enable better, more responsive proactive action to address the needs and concerns of seniors in the province.

SSAI JUNE 8, 2017 - PASSED

3. Library Cuts

Whereas: Seniors depend on the regional libraries for entertainment, learning and activities.

Whereas: Seniors can't afford to buy books and need a wide variety of reading Material.

Therefore be it Resolved: That SSAI lobby the Government of Saskatchewan to re-instate inter-library exchanges of books and material.

SSAI JUNE 8, 2017 - TABLED

HOUSING

1. Seniors Housing

Whereas: Sask. needs more affordable seniors housing. The seniors housing in our community were built in 1977, more than 40 years ago.

Whereas: Our community has a long waiting list to get into any housing.

Therefore Be It Resolved: That SSAI lobby the Federal and Saskatchewan Governments to provide funding for additional housing and up keep of said housing.

SSAI JUNE 8, 2017 - PASSED

2. Homecare

Whereas: Homecare is offered to seniors to stay in their homes longer. Whereas:

Homecare workers are limited to what they can help with.

Therefore be It Resolved: That SSAI lobby the Government of Saskatchewan to review the Home Care's Duties to expanded and include more housekeeping duties as well. (Laundering, vacuuming etc.)

SSAI JUNE 8, 2017 - DEFEATED

3. Long Term Care Homes

Whereas: Long term care homes experience violence and sexual abuse among patients.

Whereas: The case of violent or sexual offenders who have been released from incarceration and admitted to Long Term Care homes, what protection is offered for the existing residents.

Therefore be it Resolved: That SSAI lobby the Government of Saskatchewan to ensure that thorough criminal check are done and protection is offered at Long Term Facilities.

SSAI JUNE 8, 2017 - PASSED

4. Affordable Housing

Whereas: The Senior population in Saskatchewan is rapidly increasing and as the costs to maintain an individual in a Long Term Care Facility is very costly to the Government and the individual;

Whereas the government is encouraging individuals to remain independent, providing more affordable housing for them to move into when they can no longer maintain their own home would be cost-efficient;

Therefore Be It Resolved that SSAI lobby the Government of Saskatchewan to build or make it viable for others to build more affordable housing.

SSAI JUNE 8, 2017 - PASSED

5. Long Term Care Fees

Whereas the government pays/subsidizes the cost of Long Term Care fees;

Whereas it costs the Government out of their pocket to cover these costs;

Whereas a person that has lost a spouse and is maintaining their home despite the fact that they have lost the income of the spouse and the costs remain the same – i.e. utilities, insurance, repairs

Therefore Be It Resolved that SSAI lobby the Government of Saskatchewan subsidize that surviving spouse via SIP or other appropriate programs so that they he/she can afford to stay in their his/her home.

D. SSAI JUNE 8, 2017 – AMENDED; PASSED WITH AMENDMENT

E. TRANSPORTATION SERVICES

1. Health Services Transportation

Health services in the province are becoming more centralized due to the health services delivery model, changing demographics, and amalgamation of health regions

STC is scheduled service is going to be terminated at the end of May, 2017.

The Aging population contains more elderly residents in rural Saskatchewan, the waiting times to access services is increasing, and the ability to access services is more difficult, if not almost impossible.

Rural communities are attempting to enable seniors to access these very critically, required medical services

Therefore Be it Resolved that SSAI lobby the Government of Saskatchewan and SGI to develop an insurance program which would provide the necessary liability protection to enable individuals to use their private vehicles for transporting individuals who require access to medical services.

SSAI JUNE 8, 2017 - PASSED



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Saskatchewan Seniors Association Inc.

Profit & Loss Standard

	April 1, 2017 - March 31, 2018	April 1, 2016 - March 31, 2017	April 1, 2015 - March 31, 2016
Income			
Bowling Tournament			
Bowling Tournament Other			\$ 500.00
Bowling Tournament 2015			\$ 9,620.00
Bowling Tournament 2016		\$ 7,995.00	
Bowling Tournament 2017	\$ 350.00	\$ 6,029.50	
Bowling Tournament 2018	\$ 6,346.00		
Total Bowling Tournament	\$ 6,696.00	\$ 14,024.50	\$ 10,120.00
SSAI Lottery Raffle Tickets	\$ 4,350.00	\$ 18,342.00	
SLG lottery grant (25% of net revenue)		\$ 2,788.74	
Convention Income:			
Canada 150 pins	\$ 140.91		
Roughrider raffle plus SLGA topup	\$ 1,500.00		
Sponsors	\$ 1,750.00		
Tradeshow vendors	\$ 80.00		
50/50	\$ 303.50	\$ 319.00	
Silent Auction	\$ 1,088.50	\$ 610.00	
Convention Registrations	\$ 2,625.00	\$ 3,555.00	\$ 3,869.50
Donations	\$ 611.00	\$ 350.00	\$ 800.00
Total Convention Income	\$ 8,098.91	\$ 4,834.00	\$ 4,669.50
Fundraising			\$ 1,150.00
Interest Income	\$ 162.93	\$ 188.46	\$ 199.17
Per Capita Dues - Memberships	\$ 22,803.00	\$ 20,948.00	\$ 28,385.00
Sask Mechanism- Grants	\$ 9,000.00	\$ 9,000.00	\$ 9,000.00
Total Income	\$ 51,110.84	\$ 70,125.70	\$ 53,523.67
Expense			
Accounting	\$ 200.00	\$ 200.00	\$ 550.00
Bank Charges	\$ 58.50	\$ 154.90	\$ 65.60
Bond / Insurance			\$ 300.00
Bowling Expense 2015			\$ 187.00
Bowling Expenses 2016		\$ 35.88	\$ 8,160.04
Bowling Expenses 2017		\$ 5,835.18	
Bowling Expenses 2018	\$ 6,466.72		
Total Bowling Tournament	\$ 6,466.72	\$ 5,871.06	\$ 8,347.04

Convention Expenses				
Convention Hotel	\$ 1,936.77	\$ 5,414.92	\$ 6,196.52	
Convention Meals	\$ 7,254.00		\$ 439.91	
Convention Mileage			\$ 2,721.17	
Convention Miscellaneous	\$ 2,080.60	\$ 1,718.57	\$ 944.00	
Total Convention expenses	\$ 11,271.37	\$ 7,133.49	\$ 10,301.60	
Gray Matters / SSAI Newsletter	\$ 6,500.00	\$ 6,900.00	\$ 7,300.00	
Hotels	\$ 996.75	\$ 1,931.55	\$ 1,478.30	
Inkind		\$ 2,577.00	\$ 4,984.00	
Administration	\$ 6,832.50	\$ 5,385.00		
Meals	\$ 679.30	\$ 1,602.89	\$ 993.32	
NPF Membership	\$ 350.00	\$ 350.00	\$ 700.00	
Mileage	\$ 10,470.85	\$ 9,945.36	\$ 6,939.70	
National Pensioners Convention	\$ 2,836.26		\$ 1,112.95	
Office Expenses	\$ 144.74	\$ 500.87	\$ 1,834.84	
Postage	\$ 1,446.94	\$ 1,993.91	\$ 2,015.15	
Lottery Raffle Expenses				
Raffle 2014			\$ 80.22	
2016 prize winners		\$ 5,000.00		
2016 -25% rebate to clubs		\$ 4,519.50		
Raffle 2016		\$ 635.93	\$ 820.00	
Raffle 2018	\$ 590.91			
Total Raffle Expenses	\$ 590.91	\$ 10,155.43	\$ 900.22	
Rent	\$ 1,000.00	\$ 950.00	\$ 2,400.00	
SSM Convention		\$ 270.00	\$ 650.84	
Telephone	\$ 50.00	\$ 95.00	\$ 312.60	
Printing	\$ 1,764.46	\$ 684.60		
Website	\$ 110.86	\$ 109.86	\$ 109.86	
Advertising / Press Release		\$ 52.50		
ISC fee	\$ 50.00	\$ 10.00		
Walkathon	\$ 153.58			
Other	\$ 165.00	\$ 612.27		
carroy-over expense from previous year	\$ 32.00			
Total Expenses	\$ 52,170.74	\$ 57,485.69	\$ 51,296.02	
Net Income	\$ (1,059.90)	\$ 12,640.01	\$ 2,227.65	
ASSETS	as of March 31, 2018	as of March 31, 2017	as of March 31, 2016	
Main Account at Delisle Credit Union	\$ 24,350.64	\$ 51,490.50	\$ 47,831.54	
Main Account at Esterhazy Credit Union		\$ 1,591.42		
Lottery Account	\$ 13,279.88	\$ 28,763.34	\$ 22,565.07	
Term Deposit @ Esterhazy Credit Union		\$ 6,788.79	\$ 6,912.44	
Shares @ Esterhazy Credit Union		\$ 56.37	\$ 56.37	
Term Deposit @ Delisle Credit Union	\$ 50,000.00			
TOTAL	\$ 87,630.52	\$ 88,690.42	\$ 77,365.42	



Holly Schick

Saskatchewan Seniors Mechanism (SSM)

Website: skseniorsmechanism.ca **Phone:** (306) 359-9956

Holly grew up in Lemberg, Saskatchewan. She attended university in Saskatoon and Regina. Much of her working career has been as ministry personnel in the United Church where she had the opportunity to live and work in a number of communities throughout Saskatchewan. Looking for an opportunity to do something different resulted in her accepting the position of Executive Director of the Saskatchewan Seniors Mechanism in 2009. Working on projects and programs that allow various groups to collaborate, address issues and build a positive view of older adults are some of the things that she enjoys about her work. Some other interests include genealogy, playing bridge, theatre, and spending time with family and friends. She currently sits on the board of the Saskatchewan Genealogical Society, chairs the board of the Regina Anti-Poverty Ministry, and is the Dean of the College of Certified Saskatchewan Genealogists.



Faith Rowland

Diabetes Canada

Account Manager, Community Development

Faith has been with Diabetes Canada for 13 years. She joined the team in order to make a difference in the lives of individuals and families living with diabetes. Diabetes is prevalent in Faith's family and she is living with type 2 diabetes. Faith is a graduate of the University of Saskatchewan, BA Psychology, and the Business Administration program at SIAST. She has worked in the not-for-profit sector for over 30 years and has extensive experience with business development, special events management, member services and fund development. In her spare time she can be found putting in her garden, socializing with friends and family or plotting her next travel adventure.



**Dave Parkalub,
Diabetes Canada
Community Engagement Coordinator**

Dave has been with Diabetes Canada for 2 years as the Community Engagement Coordinator. His connection to diabetes is watching the complications and effects of diabetes on the lives of some of his friends and family members. He has over 10 years' experience in the non-profit sector, overseeing numerous types of community fundraisers and fund development projects, including golf tournaments, galas, residential door-to-door canvassing. Dave is a graduate of SaskPolytech Recreation & Tourism Management Program. In his spare time, Dave enjoys spending time with his family, traveling, watching sports, especially hockey and football. Dave is a collector of world currencies and autographed memorabilia.



**Scott Livingstone, Chief Executive Officer,
Saskatchewan Health Authority**

Scott Livingstone is the first CEO of the newly created Saskatchewan Health Authority (SHA). The SHA is the single biggest public sector employer in Saskatchewan history and the second largest health organization in Canada.

Prior to joining the SHA, Livingstone was the President and Chief Executive Officer (CEO) of the Saskatchewan Cancer Agency (SCA). He has also served as the CEO of the Saskatchewan Health Information Network (now eHealth Saskatchewan).

Livingstone has chaired and participated on a number of provincial and national boards representing Saskatchewan and the health sector in the areas of eHealth, shared services, evidence-based drug assessment and sustainability of cancer care. A pharmacist by training, Livingstone has dedicated his career to providing executive leadership that builds strong organizational culture focused on continuous improvement.



Dr. Micheal Howard-Tripp

Deputy Registrar of the College of Physicians and Surgeons of Saskatchewan

He is a Family Physician by training and has worked in rural, urban and academic family practice.

One of his functions at the College is to provide information, to both the public and physicians, on the College's position as it relates to authorizations for Medical Cannabis.

Dr. Howard-Tripp does not authorise Medical Cannabis nor does he provide clinical guidance to patients or physicians on the appropriateness of Medical Cannabis.

Question and answer session on the topic of the CPSS' rules relating to authorizing Medical Cannabis. I will not be giving a formal presentation as such although might provide a broad description of the College's position as an introduction.



TRISH McAULIFFE

National Pensioners Federation

Trish was active in various leadership capacities in the CAW (Canadian Auto Workers Union) and spent 15 years as a classroom facilitator. Leading discussions on a wide range of topics within Social Justice, the Economy, Politics and International Trade. She specialized in the field of Human Rights education and investigation training.

Trish represent the New Democratic Party in the Federal Election of 2011 and once again in 2014 Federal by election.

While married and supporting two sons in University she continues to serve her community within a broad scope of community advocacy:

- Elected to the National Pensioners Federation Executive in 2017 and serves as the Interim President.
- Elected to the executive of Unifor Local 222 Retired Workers Chapter in 2015 and participates in the Political Action & Health Care Committees

- Founding executive member on the Congress of Union Retirees of Canada - South Central Council in 2013 and Facilitated workshops on “Retirement Planning” and “How to Lobby”
- Active as the Co Chair of the Durham Chapter of the Ontario Health Coalition & Recipient of the 2012 Dan Benedict Award
- Currently the President of the board at Parkview Place Seniors Non Profit Housing in Oshawa.
- Former President of the Whitby-Oshawa NDP Electoral District Association and two timed Federal candidate in 2011 and 2014 By election.
- 2013 Woman of Recognition Award Recipient - CAW Local 222 Woman’s Committee



Alexandra Wasylycia

Born in Edmonton and went to the University of Alberta. Worked in pharma sales for 16 years including over 10 years with Shire Biochem which included launching Adderall XR. Enjoy reading, travel and my Maltese puppy Priscilla who just celebrated her 1 year birthday. My father lives in Spruce Grove in a Seniors home (where I went to highschool) and enjoy visiting with him every couple weeks. Hoping to get back into running this summer (once ran the Honolulu Marathon) and a bit of gardening.



Tammy Vallee

Saskatchewan Genealogical Society (SGS)

Tammy is a certified Saskatchewan and Aboriginal Researcher. Tammy began working full time in the field of genealogy in 2000, providing customized research services, educational sessions, and training workshops. She specializes in Indigenous research with her main focus on the Métis families in Western Canada and the Northwest Territories. Over the last decade, she has worked closely with government officials and stakeholders to develop systems based on genealogies and historical data to register people of Métis heritage. Her personal areas of genealogy research include Ireland, England, Scotland, Finland, Austria, the northern USA and Canada. She is an active volunteer with the Saskatchewan Genealogical Society and the Saskatoon Branch.



Better Business Bureau Serving Saskatchewan



Karen Smith is the Chief Executive Officer (CEO)

of the Better Business Bureau of Saskatchewan, Inc. Karen is leading the Saskatchewan BBB in the pursuit of the BBB's mission to be the leader in advancing marketplace trust, to promote and foster the highest ethical relationship between buyers and sellers through voluntary self-regulation, consumer and business education and service excellence.

Karen brings a wealth of experience and a commitment to life-long learning. She is a founding member and current President of the Saskatchewan Administrative Tribunal Association (SATA). She was also recently appointed to the board of the New Home Warranty Program of Saskatchewan. She serves as the Chair of their Human Resource Committee. She also serves on the Saskatchewan Advisory Board of the Institute of Corporate Directors (ICD). Karen is also a member of the Leaders Council at the Hill & Levene Schools of Business, University of Regina and on the board of the New Home Warranty Program of Saskatchewan.

Karen served as the Employer Representative on the Saskatchewan Worker' Compensation Board from June 2005 until August 2015, meeting and

communicating with various industries. This role also encompassed serving as a tribunal panel member on thousands of appeals. In addition, Karen draws from her previous marketing and administration experience as Director of Employee Benefits Plans for the Saskatchewan School Boards Association.

Karen also served as a member of the Council of Canadian Administrative Tribunals (CCAT) representing Saskatchewan. She has served on the Saskatchewan Chamber of Commerce Human Resource Committee. Karen has served as a Board Member for the Saskatchewan Assessment Management Agency, Regina Crime Stoppers, the Killarney Village Condominium Association and St. Jerome's Parish Council. In addition, she has a lifetime membership in the Provincial Association of Resort Communities (PARCS) as one of its founding board members. Her extensive previous community involvement includes organizations such as the International Foundation of Employee Benefit Plans, Canadian Pension and Benefits Institute, and the Human Resource Associations of Saskatchewan and Manitoba.

Karen has both C.Dir (Chartered Director Program through McMaster University and the DeGroote School of Business) and CTAJ (Certified Tribunal Administrative Justice through the Foundation of Administrative Justice, Alta.) designations and is accredited as a Certified Employee Benefits Specialist through Dalhousie University.

Karen has two children, their spouses and three grandchildren.

Karen will be speaking about:

Top 10 Scams in Canada - learn about the Canadian Top 10 Scams. Hear about who is more vulnerable and how to avoid being scammed. How to research the ScamTracker database and how to report scams (whether you lost money or not!)

How to Find a Trustworthy Business - What is the Better Business Bureau? - How can you use BBB services to find a trustworthy business? Businesses are not compared to each other, but rather against BBB's standards for character and organizational competence.



Kereen Lazurko
Recreation Therapist - Community Older Adult,
Forever...in motion

Fitness and a healthy lifestyle is something that has been important to Kereen ever since she was a teenager growing up on a farm in southwest Saskatchewan. She would go for walks, runs or bike rides on the country roads or workout to exercise shows on one of the two TV channels they had (third channel was French). She was also a lifeguard and swimming instructor so it was at that time when she first began promoting fitness to others. Moving to Saskatoon, she spent three years in the general insurance industry before starting a family. Having five children, she spent the next 17+ years being physically active—chasing after said five children and keeping THEM active. It was towards the end of this period that she directed her attention towards more structured fitness and became a certified fitness instructor with Saskatchewan Parks & Recreation Association. Her passion for wanting to help others led to her going back to school and becoming a Recreation Therapist. Combining the fitness and helping passions brought her to her work with the **Forever...in motion** program. She now spends her days training volunteers to lead exercise groups for older adults and providing the ongoing support and education to make their exercise groups bigger and better. So, after all this time, it appears she finally has achieved the bigger and better things she set out to do so long ago.



Terry Damm, BSP
medSask Drug Information Consultant

Terry Damm has been a pharmacist since 2010, and graduated from the College of Pharmacy and Nutrition at the University of Saskatchewan. Since then, Terry has worked for medSask, the medication information service, answering drug information questions from consumers and health care professionals of different backgrounds. He has also given many presentations at different conferences, and enjoys giving continuing education lectures. Terry also teaches pharmacy classes for the College of Pharmacy, and also works in a pharmacy in Saskatoon.

SSAI RESOLUTIONS – 2018

Resolutions Committee

Fern Haight email: fern.h@sasktel.net
Mike Kaminski email: aelkam@sasktel.net
Ken Forbes email: k.forbes@sasktel.net
Ferne Roadhouse email: ferner@xplornet.com

TOPIC: PST CHARGES AND SENIORS

1. EXEMPT HEALTH INSURANCE PREMIUMS

Be it Resolved:

That the Saskatchewan Seniors Association Inc. Lobby the provincial government to exempt health insurance premiums from PST.

Background:

The last provincial budget imposed the 6 % PST on all insurance premiums in Saskatchewan including health, life, primary residence, personal use, automobile, recreation property and vehicles, business and commercial vehicles, business and commercial property, agricultural machinery and property and crop insurance.

Arguments:

1. Health insurance premiums increase with age so that seniors are disproportionately affected by the PST.
- 2.. Health insurance is a unique case which may save the provincial treasury money for health care in the long term.

Adopted by Region H

2. EXEMPT LIFE INSURANCE PREMIUMS

Be it Resolved:

That the Saskatchewan Seniors Association Inc. Lobby the provincial government to exempt life insurance premiums from PST.

Background:

The last provincial budget imposed the 6 % PST on all insurance premiums in Saskatchewan including health, life, primary residence, personal use, automobile, recreation property and vehicles, business and commercial vehicles, business and commercial property, agricultural machinery and property and crop insurance.

Arguments:

- 1.Life insurance premiums increase with age so that seniors are disproportionately affected by the PST.
- 2.Life insurance can provide seniors with a mechanism for passing on family savings.
- 3.Excluding health, life, residential, and primary use vehicles, most other insurance premiums can be classified as an income tax deductible expenditure.

Adopted by Region H

3. EXEMPT PRIMARY RESIDENTIAL INSURANCE PREMIUMS

Be it Resolved:

That the Saskatchewan Seniors Association Inc. Lobby the provincial government to exempt primary residential insurance premiums from PST.

Background:

The last provincial budget imposed the 6 % PST on all insurance premiums in Saskatchewan including health, life, primary residence, personal use, automobile, recreation property and vehicles, business and commercial vehicles, business and commercial property, agricultural machinery and property and crop insurance.

Arguments:

1. Seniors on fixed incomes are disproportionately affected by the PST on their primary residence.
2. Other properties - luxury recreation and commercial - would still have PST applied.
3. SSAI and NPF goals support affordable housing for seniors.
4. Most other insurance premiums are classified as luxury or business expenses.

**Adopted by Region H
Christopher Lake Seniors
(Pine Tree Heritage Club)**

4. EXEMPT PERSONAL AUTOMOBILE INSURANCE PREMIUMS

Be it Resolved:

That the Saskatchewan Seniors Association Inc. Lobby the provincial government to exempt personal use automobile insurance premiums from PST.

Background:

The last provincial budget imposed the 6 % PST on all insurance premiums in Saskatchewan including health, life, primary residence, personal use, automobile, recreation property and vehicles, business and commercial vehicles, business and commercial property, agricultural machinery and property and crop insurance.

Arguments:

1. Seniors on fixed incomes are disproportionately affected by the PST on their personal use automobile.
2. All other vehicles would still have the PST premiums applied.
3. Seniors rely even more on personal use automobiles since the termination of STC.
4. Most other insurance premiums, excepting the ones listed – health, life, residential and personal use automobile would qualify as a tax deductible expense.

**Adopted by Region H
Christopher Lake Seniors
(Pine Tree Heritage Club)**

5. SGI – Reducing Isolation through Enabling Transportation for Seniors

Be it Resolved:

That Saskatchewan Seniors' Association Incorporated lobby the government of Saskatchewan to change the legislation to enable SGI to provide liability insurance which would provide the proper liability insurance coverage. Also that this insurance be made more easily available and affordable to ensure participation by authorized, licensed individuals. Further, that SGI review and certify the safe driving records of authorized, licensed individuals to ensure the safety of the client passengers.

Background:

- 1.SGI communications consultant Marie Schultz said “As the vehicle insurance provider, SGI can provide an insurance solution that would meet the needs of (transportation network companies) to ensure that all vehicles are adequately insured, and that the rates charged reflect the risk these types of business represent. province is responsible for insurance, driver licensing and vehicle plates,
- 2.The province is responsible for insurance, driver licensing and vehicle plates.
- 3.Seniors are encouraging the province to establish a provincial regulatory framework. The same safety rules should apply in small town Saskatchewan as in Regina, and the provincial government can make that happen.
4. Under Saskatchewan legislation, in order to charge for transportation, a motorist must obtain a Class licence and \$1 million in liability insurance. The Class 4 licence requires a separate road test and oral and written tests. Any vehicle used to transport passengers for money must also have a Class PT licence plate.

Arguments:

1. The discontinuance of STC services had a very severe impact on seniors trying to maintain a quality of life while living in rural Saskatchewan.
2. Rural Saskatchewan does not have the services of taxis, UBER or any other ride-sharing company.
3. There is no provision in licensing or SGI insurance to protect individuals who are serving as caregivers and trying to assist seniors or handicapped in living with dignity in the small urbans throughout the province.
4. Communities would then be able to advertise and promote the transportation services in their communities.

Adopted by Region H

6. CRTC – Pressured Overselling

Be it Resolved:

That Saskatchewan Seniors' Association Incorporated through the National Pensioners Federation through PIAC (Public Interest Advocacy Centre), lobby the CRTC to intervene in the overselling pressures by service providers.

Background:

There have been a variety of stories in the news lately reporting that

1. Customers have been sold television, phone services they do not need or mislead about the terms of the service they are receiving.
2. Recently, some of the employees selling TV, phone, and Internet services have admitted to the media that they are signing seniors up for products they do not need.
3. Sales people also admit that they sometimes fail to disclose important details, like installation charges, in order to make the sale.

Arguments:

1. Seniors and low-income persons are taken advantage of through a practice which verges on the edge of being fraudulent.
2. Many seniors cannot afford the additional costs of these services when rental and medication expenses are a much higher priority. Upon review of such cases PIAC realizes that Seniors and low-income persons seem to be particularly affected.

Adopted by Region H

7. DRUGS – MEDICATION FOR DIABETICS

Be it Resolved:

That Saskatchewan Seniors' Association Incorporated lobby the Ministry of Health and the Saskatchewan Health Authority to provide all the diabetic supplies and medications required to ensure that all diabetics would have better control over their disease, resulting in reduced hospitalization and thereby saving the Ministry of Health considerable resources.

Background:

1. The Saskatchewan government supplies known drug addicts with filled needles and other supplies.
2. All diabetics need their needles, supplies and medication just to survive, but in many cases cannot afford them.
3. The provision of Diabetic supplies and medication would result in reduced hospitalization and thereby save the Ministry of Health considerable resources.

**Adopted by Region H
Blaine Lake Seniors Centre
Christiana Larson**

8. DRUGS – SHINGLES VACCINE

Be it Resolved:

That Saskatchewan Seniors' Association Incorporated lobby Government of Saskatchewan and Ministry of Health to make the shingles vaccine available at no charge for seniors in Saskatchewan.

Background Arguments:

1. Shingles is a horrible disease causing great discomfort and is becoming more prevalent in Saskatchewan
2. There exists a vaccine for this disease costing approximately \$200.00 for a treatment. Seniors cannot afford it and thus take a chance regarding contraction of the disease.
3. Seniors who do get shingles incur personal costs and in addition, a cost to the Health Care System of about a \$1000.00 per day for hospital care.
4. Seniors should not have to suffer unnecessarily when a vaccine is available.

**Adopted by Region H
Blaine Lake Seniors Centre
Christiana Larson**

9. THE TRAFFIC IN SENIORS' CARE: Should Seniors in Residential Care be Traded as Commodities?

Therefore Be it Resolved that Saskatchewan Seniors Association Incorporated lobby the Government of Saskatchewan to stop or at least slow down the privatization of seniors' care.

Background Arguments:

1. The ongoing trend to hand over the care of the most fragile seniors to the free market is the situation confronting seniors
2. Governments are replacing publicly owned long-term care residences with single privately built and operated long-term care residences .
3. Fragile seniors who need extensive care are becoming pawns in these transactions.
4. Since the cost of providing care for seniors in long term care is covered by the provincial government which pays a fixed amount per resident to the operator, it is a prized source of guaranteed income for investors.
5. This situation raises an important question for all seniors: Is the publicly-paid provision of health care for the frailest seniors going to continue to be turned over to private operators that can buy and sell these facilities complete with occupants without accountability to taxpayers?
6. From the current experience one can conclude that:
 - 1) The decision that the quality of care in for-profit seniors' long-term care is inferior to publicly owned care and that these residences can be traded among large corporations based in other countries;
 - 2) The privatization of seniors' health care services and thus unequal access to quality care for seniors is increasing;

3) Communities are not being consulted by health authorities about the privatization of long-term care;

4) The voices of most affected seniors are being ignored.

7. There is a larger question that needs to be considered: Is the out-of-hospital out of home care of fragile seniors in facilities considered a necessary part of a publicly funded, publicly accountable, quality health care system?

8. How has it come about that our oldest citizens can now be traded as commodities that earn profits for big corporations?

Sask Seniors' Association Inc.

Adopted by Region H

10. EYEGLASSES FOR SENIORS

Therefore Be it Resolved that Saskatchewan Seniors Association Incorporated lobby the Government of Saskatchewan and Federal Government to provide free eyeglasses for single Seniors whose income is below the Poverty Line.

Background Arguments:

1. Eyeglasses are a necessity for those who require them and as the cost of eyeglasses is beyond the means of Single Seniors living below the Poverty Line.

Adopted by Region H

Shellbrook Seniors Citizens

Marlene Mason

11. INCREASING INCOME LEVELS FOR SINGLE SENIORS

Therefore Be it Resolved that Saskatchewan Seniors Association Incorporated lobby the Government of Saskatchewan and Federal Government to bring the income level of Single Seniors up to at least the Poverty Line.

Background Arguments:

1. The cost of living is continually increasing thereby increasing hardships on Single Seniors.
2. Single Seniors are being forced to make difficult choices between food, medicine, necessities of life important medical aids and medicine.

Adopted by Region H

Shellbrook Seniors Citizens

Marlene Mason

12. HEALTH AND WELLNESS CLINICS IN RURAL SASKATCHEWAN

Therefore Be it Resolved that Saskatchewan Seniors Association Incorporated lobby the Government of Saskatchewan to reinstate the operation of regular Health and Wellness Clinics in rural Saskatchewan, especially the smaller communities such as Shell Lake, Medstead, Rabbit Lake, Leoville, Chitek Lake and Spiritwood.

Background Arguments:

1. Rural Seniors wish to live as long as possible in the communities in which they have invested their time, their money, and their intellect.
2. It is the responsibility of government to serve the most vulnerable members of society.
3. Access to regular health and wellness opportunities is essential to the well-being of those vulnerable Seniors of a society
4. A significant number of rural seniors have been attending Wellness Clinics where their parameters such as blood pressure and blood sugars are monitored, where the heart is listened to, and regular monitoring was provided..
5. Timely medical services are essential to the well-being of senior individuals.
6. Prevention and early detection are far more affordable than expensive acute care.

**Adopted by Region H
Shell Lake Fifty-Plus
N. Heckel**

13. RESTORATION OF CHAPLAINCY SERVICES

BE IT RESOLVED That the Saskatchewan Seniors Association Incorporated urge the Government of Saskatchewan to restore funding for Chaplaincy services immediately.

Background Arguments:

In times of illness, trauma, and loss, a person's beliefs, values and feelings are important aspects of healthcare.

Without the funding in place, the list of names of those who want spiritual care from local faith visitors and volunteers is no longer available.

Medical care is not just medicine and doctors. It is the whole gamut. It is spiritual, mental, emotional and physical. There is a whole team to work together and spiritual care is a part of that team.

If health care institutions in Saskatchewan want to maintain the highest standard of care as outlined by Accreditation Canada spiritual care must be a part.

Overall health and wellbeing includes access to spiritual care, and should be available to all people in hospital in long term care facilities/hospices and their families.

The Government of Saskatchewan budget cut of funding for Chaplaincy services affects the sick, vulnerable and those facing times of crisis in their lives.

**Sask Seniors' Association Inc.
Adopted by Region H**

14. DRUGS – SHINGRIX - SHINGLES VACCINE

BE IT RESOLVED That the Saskatchewan Seniors Association Incorporated urge the Government of Saskatchewan to fund the vaccine Shingrix for all adults 50 and older.

Background Arguments:

An estimated 130,000 Canadians get shingles every year and the older you are, the more likely you are to get it and to suffer severe health effects.

Shingles is a brutally painful infection that anyone who has had chickenpox is at risk of getting. It is caused by the same virus as chickenpox, which can lie dormant for years. It tends to reactivate when the immune system is compromised, in the form of shingles.

For some people, shingles develops into a more serious condition called post-herpetic neuralgia, with burning pain that can last for years. For some seniors, it can mean the difference between living independently and having to move into a long term care facility because of its long-lasting effects.

The new vaccine Shingrix shows efficacy against shingles above 90%, regardless of a person's age. Shingrix is now available in Canada, patients require two separate shots given a few months apart costing up to \$400 in total.

Studies suggest protection from Shingrix may extend beyond five years. Shingrix is approved and recommended for people age 50 and older, including those who've previously received Zostavax.

Shingles can be a financial burden on individuals, their families, and the health care system, in addition to the physical pain people suffer.

Adopted by Region H

Sask Seniors' Association Inc.

SSAI 2018 PROVINCIAL BOWLING

We held our 11th annual provincial SSAI bowling tournament March 10/11 at Prince Albert Minto Bowl. We had 26 teams. It was a fun filled weekend !
We had:

- four 50/50 draws; silent auction
- draw for a set of bowling balls – these were won by Diane Syrota from Elfros
- Sunday evening we had a banquet and handed out medals and trophy

1ST Place - Legends (7034)

Manny Primeau
Dixie Kohut
Harv Vermette
Jack Laliberte
Bob Boyer



2nd Place - Saskatoon (6740)

Jutta Zarzycki
Sheila Kennedy
Therese Synkiw
Earl Synkiw
Dennis Zachaer



3rd Place - Maidstone1 (6730)

Denise Newton
Doreen Hope
Esther Jesse
Frances Wright
Barry Melchert



POA Men's (318)

Terry Lofstrom



POA Women's
(243)
Jeanine Folden



Special thanks to those who donated Silent Auction items at the Bowling Tournament:

- Canadian Tire – Prince Albert
 - M&M Food Market – Prince Albert
 - North Star Trophies
 - Maidstone Seniors & Bowling Alley
 - Melfort & District Seniors
 - Rosetown Seniors
 - Shellbrook Seniors
 - Wishart Seniors Club
 - Ed & Lorna Weldon
 - Laverne Bourassa
 - Diana Syrota Team
 - Pat Trask
 - SSAI
-

SSAI WALKATHON 2018

Our provincial walkathon has ended for 2018. It was another successful year.

Congratulations to everyone for their efforts. It is because of all of our members that we are so successful at this event. The provincial totals were:

31,909 miles walked

36 clubs participated

362 members walked

The first place finishers are as follows:

- Highest Average Miles per Walker – Ituna with 209.33 miles
- Highest Average Miles per Club Member – Luseland Seniors with 57.66 miles
- Highest Percentage of Club Members Walked – Gull Lake with 72.86%.

Several of our clubs have members that walked over 200 miles and one member walked 330.5 miles.

Congratulations to Marie Leibel from the Denzil Senior Citizens Club.

Once again, great job everyone and hope to hear from all of you next year!

Saskatchewan Seniors Association Inc.

Delegates: Convention Evaluation Form

June 6th and 7th, 2018 – Heritage Inn, Saskatoon

Please give us your comments/feedback by answering the following questions:

Were you satisfied with the overall convention? YES / NO

Please provide us with your comments regarding:

Guest speakers _____

Subject Matter _____

Resolutions _____

Venue _____

Meals & Banquet _____

Do you think we need an annual convention? YES / NO

Did you enjoy this convention? YES / NO

Would you attend another convention? YES / NO

What did you like best about this convention? _____

What did you dislike about this convention? _____

Any other comments or suggestions... _____

Thanks for completing this survey. Please hand it in before you leave.