

## School of Public Health University of Saskatchewan

### **PARTICIPANTS NEEDED!**

**Participants must: 1) live in a rural area; 2) be aged 65 years and older; 3) have lived in a rural residence for greater than a year; and 4) be sufficiently fluent in English**

### **HELP MAKE TRANSPORTATION IN SASKATCHEWAN**

#### **BETTER for all... Including Seniors**

We are looking for volunteers to take part in a study to collect information on what transportation services are needed to improve health and community services in rural Saskatchewan.

As a participant in this study, you will be asked to complete **a telephone survey** that will take about 30-45 minutes.

For more information about this study, or to volunteer for this study,  
please contact:  
**Ryan Toxopeus**  
School of Public Health  
at  
306-966-1618

I wanted to thank you for spreading the word about our study looking at alternative

transportation options in rural Saskatchewan. I had a couple of people call me to take part in the study after a recent SSAI meeting, and greatly appreciate your help! Between SSAI and other organizations across Saskatchewan, we are getting closer to meeting our recruitment goals.

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### **Dementia Journey Survey**

(Alzheimer Society of Canada in partnership with the College of Family Physicians of Canada)

In November, I connected SSAI with Ngozi Iroanyah, Community Partnership Coordinator, Alzheimer Society of Canada, about the Dementia Journey Survey being completed in partnership with the College of Family Physicians of Canada.

Mike, I'd like to take this opportunity to thank you for including information about the survey in the SSAI Newsletter in the Winter 2021 Gray Matters. We appreciate it!

Anyone still wanting to complete the Dementia Journey Survey may do so at:  
<https://alzheimer.ca/en/take-action/change-minds/dementia-journey-survey>

**-- Alzheimer Society of Saskatchewan**

## **Studio Without Walls**

Barbara Meneley, PhD Postdoctoral Researcher  
Saskatchewan Arts Alliance / University of Regina

We are currently putting together a pilot program that will be delivered through Saskatchewan SCWW. We will be contracting a number of artists to develop and deliver creative workshops via telephone conferencing to older adults throughout the province who are living in their own homes. Supplies will be provided and there will be no cost to participants. Our goals are to explore whether the older adult's involvement made a difference in their feelings of connection to their community and to contribute research that supports funding for ongoing programming for older adults in Saskatchewan.

We are interested in partnering with existing organizations, such as SSAI. We're looking for support with outreach to potential participants, and I understand from our conversation yesterday that is something your organization / members may be able to offer. We will share our research results with project partners, and are open to including partner questions in the research we conduct.

- [see our Feb – June Calendar](#)

- [see our Flyer for more info](#)

## ***Celebrate Canada*** ***Saskatchewan***

SSAI received financial support from Heritage Canada to host a Canada Day event on July 1, 2020. However, due to the public health order restrictions on public gatherings during the COVID pandemic, our original plans for this event were cancelled. We were granted an extension to host a virtual event before March 31, 2021.

We decided to proceed with a series of teleconference presentations. These events are free.

**Gordon Barnhart - Jan. 21, 2021 at 2pm**  
*Building for the Future*

**Justin Williams - Jan. 27, 2021 at 2pm**  
*Faces of the Force*

**Crista Bradley - Feb. 12, 2021 at 2pm**  
*If these Places could Talk*

**Booksale info: [www.sasksnapshots.ca](http://www.sasksnapshots.ca)**  
**\$19.95 - 48 pages – Hardcover**

**Call Toll Free: 1-800-967-7148**  
**Participant Passcode: 472075**

### ***SSAI Annual Bowling Tournament***

was cancelled in March 2020 due to COVID concerns. We have decided to also cancel the March 2021 Tournament due to COVID pandemic restrictions on public gatherings.

## ***SSAI SUMMER RAFFLE***

***Tickets \$1 each***

***(only 3,000 tickets printed)***

***Draw - Oct. 1, 2021***

***- International Day of the Older Person***

### ***Great Raffle Prizes:***

1. Quilt – value \$400 – Vicki Arcand
2. Football Jersey - Makowski – value \$200 – SaskPower
3. SSAI Bowling Balls – value \$150 – SSAI
4. Gift Basket – SSAI
5. Handi Living Tool Kit – value \$50 – SaskEnergy
6. Building for the Future – book - Gordon Barnhart
7. Faces of the Force – book – RCMP Heritage Museum

***Book of 10 tickets for \$10***

***Buy a book, get a bonus entry***  
***for a chance to WIN***

***If These Places could Talk***  
***- book - Crista Bradley***

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**LET ME KNOW IF YOU WANT  
TO PURCHASE TICKETS OR IF YOUR CLUB  
IS INTERESTED IN SELLING TICKETS.**

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**Saskatchewan Seniors Association Inc.**  
**c/o Shannon Wright, Secretary/Treasurer**

**Mail: Box 455, Vanscoy, SK S0L 3J0**

**Email: [info@saskseniors.com](mailto:info@saskseniors.com)**

**Website: [saskseniors.com](http://saskseniors.com)**

**Phone: 306-493-3023**

## ***SASKATCHEWAN***

### ***SSAI REACHING OUT***



## ***SENIORS IN SASK.***

***SSAI Partners Reaching out***  
***during Covid Concerns***

**SASKATCHEWAN SENIORS ASSN INC.**

**MIKE KAMINSKI, PRESIDENT**

**INVERMAY, SK**

**Email: [aekam@sasktel.net](mailto:aekam@sasktel.net)**

**Phone: 306-593-2222**

**Working with you . . . For You!**