

Studio Without Walls

FREE telephone-based programming available to anyone 55+ in Saskatchewan.
For more information and to register please call: **306-527-4379**.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
February	14	15	16	17	18 1:30-2:30 Visual Art & Art Cards	19	20
	21	22 1:30-2:30 Writing Fiction & Non Fiction	23	24	25 1:30-2:30 Visual Art & Art Cards	26	27
March	28	1 1:30-2:30 Writing Fiction & Non Fiction	2	3	4 1:30-2:30 Visual Art & Art Cards	5	6
	7	8 1:30-2:30 Writing Fiction & Non Fiction	9	10	11 1:30-2:30 Visual Art & Art Cards	12	13
	14	15 1:30-2:30 Writing Fiction & Non Fiction	16	17	18 1:30-2:30 Visual Art & Art Cards	19	20
	21	22 1:30-2:30 Writing Fiction & Non Fiction	23	24	25 1:30-2:30 Visual Art & Art Cards	26	27
	28	29 1:30-2:30 Writing Fiction & Non Fiction	30	31	1 1:30-2:30 Creative & Life Story Writing	2	3
	4	5 1:30-2:30 Drawing & Painting Nature	6	7	8 1:30-2:30 Creative & Life Story Writing	9	10
April	11	12 1:30-2:30 Drawing & Painting Nature	13	14	15 1:30-2:30 Creative & Life Story Writing	16	17
	18	19 1:30-2:30 Drawing & Painting Nature	20	21	22 1:30-2:30 Creative & Life Story Writing	23	24
	25	26 1:30-2:30 Drawing & Painting Nature	27	28	29 1:30-2:30 Creative & Life Story Writing	30	1

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May	2	3 1:30-2:30 Drawing & Painting Nature	4	5	6 1:30-2:30 Creative & Life Story Writing	7	8
	9	10 1:30-2:30 Drawing & Painting Nature	11	12	13 1:30-2:30 Journalling, Collage & Painting	14	15
	16	17 1:30-2:30 Painting to Music	18	19	20 1:30-2:30 Journalling, Collage & Painting	21	22
	23	24	25	26	27 1:30-2:30 Journalling, Collage & Painting	28	29
June	30	31 1:30-2:30 Painting to Music	1	2	3 1:30-2:30 Journalling, Collage & Painting	4	5
	6	7 1:30-2:30 Painting to Music	8	9	10 1:30-2:30 Journalling, Collage & Painting	11	12
	13	14 1:30-2:30 Painting to Music	15	16	17 1:30-2:30 Journalling, Collage & Painting	18	19
	20	21 1:30-2:30 Painting to Music	22	23	24	25	26
	27	28 1:30-2:30 Painting to Music	29	30			

These workshops are part of a research project at the University of Regina. You will be asked to participate in 3 confidential interviews (approximately 30 minutes each) with a student researcher, who will ask about your experience with the program and social connection. Participation is voluntary. You can withdraw from the project at any time, up until the 6 sessions have ended. This project has received ethical approval from the University of Regina.

For more information and to register call:

306.527.4379

Dr. Amber Fletcher / Dr. Barbara Meneley

Raegan Moynes / Cassie Ozog

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