

SSAI - Primary Goals and Objectives:

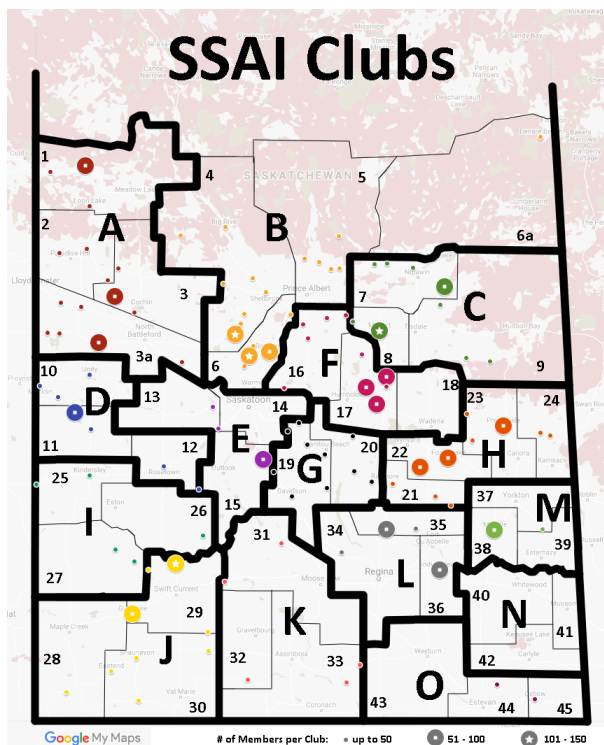
- ❖ To bring Senior Citizens together in one strong Association that will work for the welfare of all Seniors Citizens in Saskatchewan.
- ❖ To offer programs and activities that benefit all Seniors.
- ❖ To work with other organizations with similar objectives.

SSAI Working with other organizations...

- A provincial network of rural seniors' clubs
- SSAI is a Member Organization of SSM (Saskatchewan Seniors Mechanism)
- SSAI receives SPRA funding from SSM and Saskatchewan Lotteries Trust Fund
- SSAI 4-page newsletter is printed in SSM's quarterly Gray Matters magazine
- SSAI is a founding member of NPF (National Pensioners Federation)
- Member of SCOA (Saskatoon Council on Aging)
- Annual Spotlight on Seniors Tradeshow
- Seniors' Centre Without Walls Saskatchewan FREE interactive telephone programs for seniors
- Collaborated with Saskatchewan Arts Alliance In 2022, SSAI received \$30,000 funding for creative and artistic programming to help address issues of isolation for seniors from Saskatchewan Ministry of Parks, Culture, and Sport.
- Speakers present at convention on a wide variety of topics to promote health & wellness.

... for the benefit of seniors.

The Association is composed of clubs united to form the Saskatchewan Seniors Association Inc.



Each **club** elects its own officers and establishes its own bylaws to meet their local requirements in accordance with their own constitution.

Each club shall elect voting delegates to attend the annual district/regional meeting and convention.

A **Coordinator** represents seniors in each of the 47 districts and is elected at a district annual meeting.

A **Director** from each of the 15 Regions (A-O) will be elected at the respective regional meeting.

The SSAI Executive Board consists of:

President, 1st Vice President, 2nd Vice President, Secretary, Treasurer, Past President, and Regional Directors. Secretary and Treasurer will be appointed by the Executive Board at the conclusion of convention. The Executive Board meets at least 4 times per year.

SSAI History – Birth of Seniors Voice

1939 – Annie Douglas (mother of the future premier of Saskatchewan Tommy Douglas) became founding president of Pensioners and Pioneers Number One, the first seniors' club in Saskatoon. Annie Douglas saw a real need for seniors to organize.

1942 – Annie Douglas, Agnes Nurse and Nathan Medd worked together to create Saskatchewan Old Age Pensioners and Pioneers Organization (OAPO).

– goal to increase pensions and eliminate the means test.

1945 – Nathan Medd initiated National Pensioners and Seniors Citizens Federation

1950s – presented the original request for universal Medicare to provincial government

1954 – OAPO changed to Pensioners and Senior Citizens Organization (PSCO)

1962 – first government Medicare plan in North America

1972 – Federal New Horizons Program

1977 – Saskatchewan Association of New Horizons Projects

June 12, 1981 – PSCO and the Saskatchewan Association of New Horizons Projects amalgamated to form the Saskatchewan Seniors Association Inc. (SSAI)

Annual Conventions to discuss resolutions followed by meetings with elected provincial and federal government members to present resolutions and advocate for seniors.

Benefits of Membership

Never Ask:

“How can we afford to belong to SSAI?”

Ask Instead:

“How can we afford NOT to belong?”

Be part of a strong association and network with other seniors and rural seniors' clubs.

Reach beyond your own community to connect with other seniors and clubs from other parts of the province for support and new ideas.

Access to programs, activities, grants, and funding.

Amplify your voice on issues that matter to you.

A strong, united voice to advocate for seniors.

How to get involved:

- Pay SSAI annual membership fee (\$5/person).
- Join our email list to receive updates and communication about events and opportunities.
- Join your local seniors' club; attend their meetings and events; participate in decisions.
- Have FUN! – Social interaction, fellowship, friendship, competition, entertainment, coffee, food, events, activities, prevent isolation.
- Participate in the SSAI Annual Walkathon.
- Tell us about what's happening in your club, community, district, and region.
- Submit articles for our newsletter.
- Fundraising opportunities – annual raffle tickets
- Organize and attend district/regional meetings.
- Volunteer for leadership opportunities at the club, district, region, and provincial levels.
- Attend annual SSAI Convention & AGM.

SSAI Executive Board

as of June 2023



Back Row (Left to Right): Ilene Foulds (A3), Michael Newberry (F), Linda Wright (E), Karen Wildeman (B6), Ellen Fraser (E13), Brenda Hunter (H22), Jane Uchacz (E14), Linda Smuk (H21), Jeanette Holder (G19), and missing from photo - Darlene Granger (K)

Front Row (Left to Right): Lylie Herman (Past President), Nici Warnock (President), Barb Johnson (1st Vice), Maria Palmer (2nd Vice)

Walking the Road Together

Saskatchewan Seniors Association Inc.

SSAI Secretary/Treasurer:

Shannon Wright

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***THE VOICE
OF SENIORS IN
RURAL
SASKATCHEWAN***

Your Voice Matters