

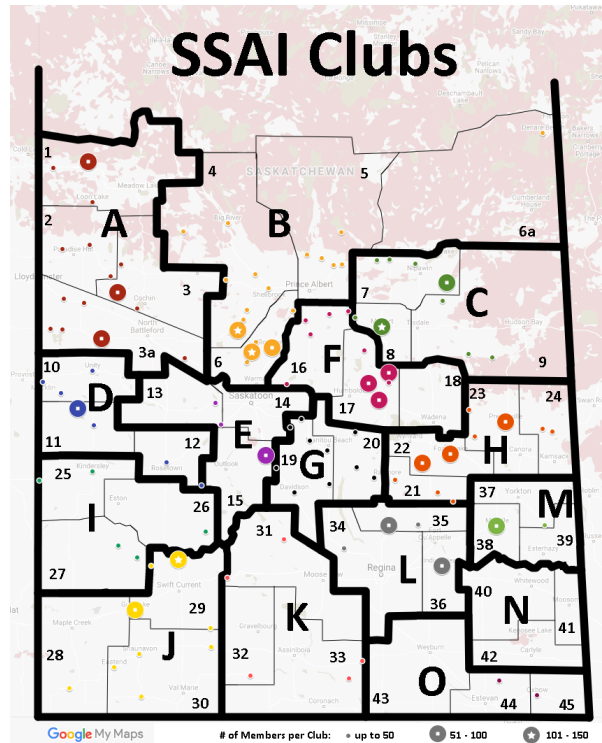
## SSAI - Primary Goals and Objectives:

- ❖ To bring Senior Citizens together in one strong Association that will work for the welfare of Seniors Citizens in Saskatchewan.
- ❖ To offer programs and activities that benefit Seniors.
- ❖ To work with other organizations with similar objectives.

## SSAI Working with other organizations...

- A provincial network of rural seniors' clubs
- SSAI is a Member Organization of SSM (Saskatchewan Seniors Mechanism)
- SSAI receives SPRA funding from SSM and Saskatchewan Lotteries Trust Fund
- SSAI 4-page newsletter is printed in SSM's quarterly Gray Matters magazine
- SSAI is a founding member of NPF (National Pensioners Federation)
- Member of SCOA (Saskatoon Council on Aging)
- Annual Spotlight on Seniors Tradeshow
- Seniors' Centre Without Walls Saskatchewan FREE interactive telephone programs for seniors
- Collaborated with Saskatchewan Arts Alliance  
In 2022, SSAI received funding for creative and artistic programming to help address issues of isolation for seniors from Saskatchewan Ministry of Parks, Culture, and Sport.
- Received funding from New Horizons for Seniors to provide Digital Literacy workshops and training in collaboration with Connected Canadians in 2024-26.
- Speakers present at convention on a wide variety of topics to promote health & wellness.  
... for the benefit of seniors.

The Association is composed of members & clubs united to form the  
**Saskatchewan Seniors Association Inc. (SSAI)**



Each **club** elects its own officers and establishes its own bylaws to meet their local requirements in accordance with their own constitution. Each SSAI **member** can attend and vote at the annual district/regional meetings and convention. A **Coordinator** represents seniors in each of the 47 districts and is elected at a district annual meeting. A **Director** from each of the 15 Regions (A-O) will be elected at the respective regional meeting. **The SSAI Executive Board consists of:** President, 1st Vice President, 2nd Vice President, Secretary, Treasurer, Past President, and Regional Directors. Secretary and Treasurer will be appointed by the Executive Board at the conclusion of convention.

## SSAI History – Birth of Seniors Voice

**1939** – Annie Douglas (mother of the future premier of Saskatchewan Tommy Douglas) became founding president of Pensioners and Pioneers Number One, the first seniors' club in Saskatoon. Annie Douglas saw a real need for seniors to organize.

**1942** – Annie Douglas, Agnes Nurse and Nathan Medd worked together to create Saskatchewan Old Age Pensioners and Pioneers Organization (OAPO).

– goal to increase pensions and eliminate the means test.

**1945** – Nathan Medd initiated National Pensioners and Seniors Citizens Federation

**1950s** – presented the original request for universal Medicare to provincial government

**1954** – OAPO changed to Pensioners and Senior Citizens Organization (PSCO)

**1962** – first government Medicare plan in North America

**1972** – Federal New Horizons Program

**1977** – Saskatchewan Association of New Horizons Projects

**June 12, 1981** – PSCO and the Saskatchewan Association of New Horizons Projects amalgamated to form the Saskatchewan Seniors Association Inc. (SSAI)

Annual Conventions to discuss resolutions followed by meetings with elected provincial and federal government members to present resolutions and advocate for seniors.

## Benefits of Membership

### Never Ask:

“How can we afford to belong to SSAI?”

### Ask Instead:

“How can we afford NOT to belong?”

**Be part of a strong association and network with other seniors and rural seniors' clubs.**

Reach beyond your own community to connect with other seniors and clubs from other parts of the province for support and new ideas.

Access to programs, activities, grants, and funding.

Amplify your voice on issues that matter to you.

**A strong, united voice  
to advocate for seniors.**

## How to get involved:

- Pay SSAI annual membership fee (\$5/person).
- Join our email list to receive updates and communication about events and opportunities.
- Join your local seniors' club; attend their meetings and events; participate in decisions.
- Have FUN! – Social interaction, fellowship, friendship, competition, entertainment, coffee, food, events, activities, prevent isolation.
- Participate in the SSAI Annual Walkathon.
- Tell us about what's happening in your club, community, district, and region.
- Submit articles for our newsletter.
- Fundraising opportunities – annual raffle tickets
- Organize and attend district/regional meetings.
- Volunteer for leadership opportunities at the club, district, region, and provincial levels.
- Attend annual SSAI Convention & AGM.

## SSAI Directors & Coordinators

as of June 2025 Convention



**SSAI President – Lorraine Thibeault**

**SSAI Past President – Nicoline Warnock**

**1<sup>st</sup> Vice – Maria Palmer**

### Directors:

**A – Barb Johnson**  
**B – Bruce Clements**  
**D – Judy Lawes**  
**E – Linda Wright**  
**G – Maria Palmer**  
**H – Linda Smuk**

### Coordinators:

**A1 – Brian Farris**  
**A2 – Sandra Halseth**  
**A3 – Ilene Foulds**  
**A3a – Jean Lawes**  
**B4 – Lorraine Thibeault**  
**C8 – Roland Ford**  
**D12 – Penny Masear**  
**E13 – Pauline Robertson**  
**E14 – Jane Uchacz**  
**G19 – Jeanette Holder**  
**H21 – Paulette Haws**  
**H22 – Brenda Hunter**

**Saskatchewan Seniors Association Inc.**

**SSAI Secretary/Treasurer:**

**Shannon Wright**

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***THE VOICE  
OF SENIORS IN  
RURAL  
SASKATCHEWAN***

**Your Voice Matters**