

Club Programming Ideas & Techniques
SSAI CONVENTION June 11 + 12, 2025

PHYSICAL

Yoga, Chair Yoga, Tai Chi
Forever in Motion, exercises
Doukhobor Museum Tour & other museum tours
Quilting
Plant Sale / Gardening
Carpet Bowling
Canasta / Cribbage cards
Active games, bowling, x-country skiing
SSAI Walkathon
Hosting Regional Games
Shuffle board
Dancing, line dance
Yard sale, bottle drive

SOCIAL

Museums, tours, Christmas display at park
Card Making, Quilting
Paint Nights
Canasta / Cribbage cards
Shut in Visiting
Regular and Special events/meals
drop in meals, breakfast, catering
cards and other table games
Movie Matinee
Tea social
Tournament
Craft/bake sale
Community Yard Sale
Open Hall
Member Only
Hosting neighbour clubs
sing alongs, bands, entertainment
Casino, poker night, bingo, cards
birthday parties, dinner theatre
Drop-in coffee, baking
potlucks, BBQ, Food
Meetings
fundraising

INTELLECTUAL

Museum Tours
Card Making
Quilting
Paint Nights
Canasta / Cribbage cards, other games
hosting courses/workshops
guest speakers: travel, fraud, scams
driving
Hearing aids
Scams talk by police
Movie mat. Documentary
cultural displays
public health clinics
Book club; trivia night
Interaction with the school

CREATIVE

Card Making, crafts, art & cultural displays
opportunity to learn (craft classes)
Quilting, crocheting, knitting
Paint Nights; paint silk scarves, vases, rocks
build/paint birdhouses, paint barn quilt
diamond painting
Musical Groups practices
Community Garage sales
pottery classes
Variety nights (Christmas social)
cooking classes
Tea social with a theme
Event – decorate tree
cake decorating
Craft and bake sale
Smile cookies – Tim Hortons
Flower arranging
Succulent pots greenhouse

COMMUNITY

Public Health
Manicures/pedicures
Visiting Shut-ins
Soup and sandwich lunches
citizen award for high school students
food bank

DROP – IN

Coffee
pool/cards
Exercise, Cardio twice/week,
walking, chair yoga
Canasta / Cribbage cards
games night
Pot Luck
pie days
Bingo
Monthly Birthday Party
Forever in Motion
guest speakers
movie
tea social
quilting, quilt group, crafts
diamond painting, crochet
Jam sessions
Jigsaw puzzle
entertainment
Vaccinations
Member only bbq

SIGN – UP

Crafts
Thai chi
Dancing, Line dance
Pizza Nights
classes
Community Garage sale set up
hosting courses
Opportunities to learn
Guest speakers
cake decorating
Flower arranging
Painting
succulent
Excursions, tours
Pedicures & manicures
Craft classes
special meals
Walkathon
baking sale (weekly)
Shuffle board

Crib tournament
book club
Inter club meetings
Tournaments
Hosting neighbour clubs
bowling

REGULAR

Coffee
breakfast
Yoga
Meetings
potluck
Forever in Motion, yoga, fitness
walking, bowling, chair yoga, games
bingo, poker, card tournaments
crafts, quilting
Line dance
Cards, games,
craft/bake sale, soup& bun
Birthday party, birthday suppers
Carpet Bowling
Meetings & events
Pool, Cards, bingo and games
Health clinics
Food bank collection

ASSIST

Coffee
catering
Canasta / Cribbage cards, games
Pot Luck, pie day
Bingo
Monthly Birthday Party
Forever in Motion
Pizza Nights
Community Garage sale set up
Coffee
Craft group
Forever in Motion
Carpet Bowling
Cultural display
Tournaments
Excursions, tours
dinner theatre

Bake sale
Yard sale
Walkathon
movie matinee, movies
public health
School interaction
Community yard sale
Pot luck
Jig saw puzzle

LEAD

Coffee, Potluck, pie day
Activity Group (planning)
Excursions & Tours (outside community) –
places, events
Fundraisers (foodbank)
Kinsmen Telemiracle
Run community museum, museum tours
Craft group
Movie
Tea social
Cultural display
Tournaments
cards, bingo
Excursions
Bake sale
Yard sale
book club
Guest speakers
Tours
Movie matinee, movies
Pedicures/manicures
Public health
Craft classes
Community yard sale
Craft/bake sale
Pot luck, soup & bun, bake sales, tea socials
Rentals
Walkathon
Social or program committees
Host Olympics/regional games