

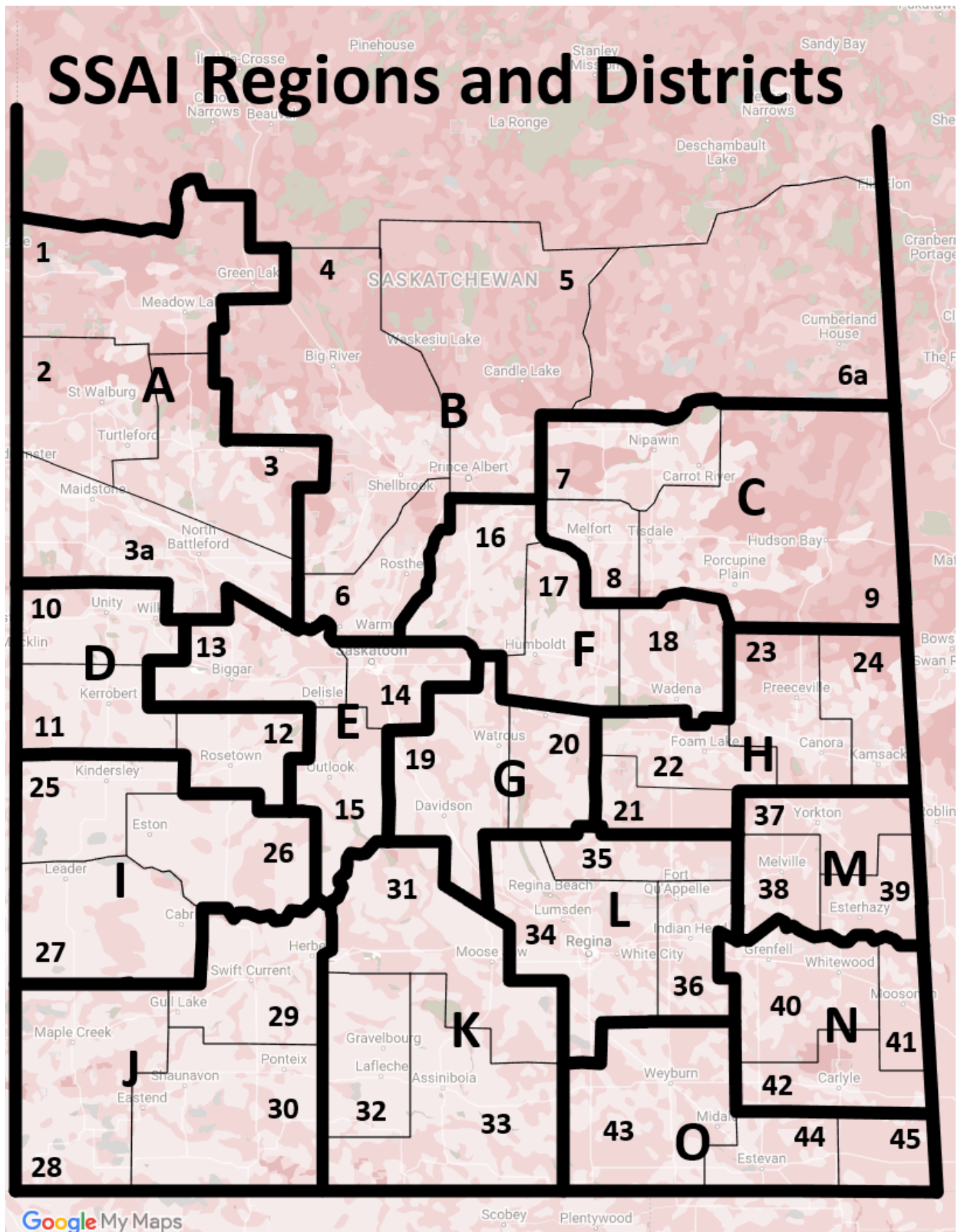
**SASKATCHEWAN SENIORS  
ASSOCIATION INC. (SSAI)  
HANDBOOK**  
including  
**Constitution & Bylaws**



*Date of last revision: June 12, 2025*

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## **The Association is composed of members & clubs united to form the Saskatchewan Seniors Association Inc. (SSAI)**

SSAI **members** pay an annual membership fee, can attend district/region meetings and conventions, are entitled to vote at these meetings, and may run for vacant offices.  
*See also Constitution Articles 3 and 4.*

SSAI **clubs** collect annual membership fees from their members and remit to the SSAI Treasurer. Each club is its own unique entity, elects its own officers, and establishes its own bylaws to meet their local requirements in accordance with their own constitution.  
*See also Bylaws Article 7.*

### **Governance and Organisational Structure:**

A **Coordinator** represents seniors in each of the numbered districts and is elected at the respective annual district meeting.

A **Director** from each of the 15 Regions (A-O) will be elected at the respective annual region meeting.

#### **The SSAI Executive Board consists of:**

President, 1st Vice President, 2nd Vice President, Secretary, Treasurer, Past President, and Region Directors. Secretary and Treasurer will be appointed by the Executive Board at the conclusion of convention.

#### **Duties of Officers are described in Bylaws Article 2 (see page 15-16)**

If funds are available, Officers, Directors, and Coordinators may be compensated for mileage and other expenses. They shall submit expense sheets to the SSAI Treasurer.

## **SSAI - Primary Goals and Objectives:**

- ❖ To bring Senior Citizens together in one strong Association that will work for the welfare of Senior Citizens in Saskatchewan.
- ❖ To offer programs and activities that benefit Seniors.
- ❖ To work with other organizations with similar objectives.

## **SSAI Working with other organizations...**

- A provincial network of rural seniors' clubs
- SSAI is a Member Organization of SSM (Saskatchewan Seniors Mechanism)
- SSAI receives SPRA (Saskatchewan Parks and Recreation Association) funding from SSM (Saskatchewan Seniors Mechanism) and Saskatchewan Lotteries Trust Fund
- SSAI 4-page newsletter is printed in SSM's quarterly Gray Matters magazine
- SSAI is a founding member of NPF (National Pensioners Federation)
- SSAI is a member of SCOA (Saskatoon Council on Aging)
- SSAI has a booth at the annual Spotlight on Seniors Tradeshow hosted by SCOA
- SSAI collaborates with Seniors' Centre Without Walls Saskatchewan (SCWW) which provides FREE interactive telephone programs for seniors
- SSAI collaborated with Saskatchewan Arts Alliance - In 2022, SSAI received funding for creative and artistic programming to help address issues of isolation for seniors from Saskatchewan Ministry of Parks, Culture, and Sport.
- SSAI received funding from New Horizons for Seniors to provide Digital Literacy workshops and training in collaboration with Connected Canadians in 2024-26.
- SSAI has received sponsorship for our annual convention from Saskatchewan Blue Cross, SIGA, SaskEnergy, SaskPower, and SaskTel.
- Speakers present at annual conventions on a wide variety of topics to promote health & wellness. SSAI would like to acknowledge Aspen Films for their technical expertise to provide livestream and recordings at convention and for their in-kind discount. Visit our website [saskseniors.com](http://saskseniors.com) to view the archived videos of these presentations.

**... for the benefit of seniors.**

## **DID YOU KNOW?**

You can find more information and resources on our website to support your club.

## **SSAI History – Birth of Seniors' Voice**

One of the pioneers of the seniors' movement in Saskatchewan was Agnes Nurse. At age 92, in 1981, she recalled how her father used to spend his days in the old Empire Hotel in Saskatoon. Everybody used to play cards there during the depression. Mrs. Nurse would drop in after work or at lunchtime to see how they were doing, and there she met Annie Douglas, mother of the future premier of Saskatchewan Tommy Douglas. Mrs. Douglas was there playing cards with the men. Mrs. Douglas was one of the strong people who saw the real need for seniors to organize.

Beginning in 1939, Annie Douglas became founding president of Pensioners and Pioneers Number One, the first seniors' club in Saskatoon, and filled that position for 18 years. She and Mrs. Nurse and another Empire Hotel card-game visitor, Nathan Medd, worked together to create the Saskatchewan Old Age Pensioners and Pioneers Organization (OAPO) in 1942. Mrs. Douglas was president of the provincial organization for 20 years. When it began, the Provincial's main objectives were to get an increase in the pension, and to eliminate the means tests. Like the OAPO and all subsequent federations, it was made up of representatives of the pensioners' clubs from around the province. Soon after its formation, 32 clubs had joined. Around 1954, the name "Old Age Pensioners Organization" was changed to "Pensioners and Senior Citizens Organizations" (PSCO). Annual conventions were held, to which the representatives brought resolutions.

Although the pension and the means test continued to be their top priority, they raised other concerns as well. A source of great pride to present day Saskatchewan seniors is that the original request for universal Medicare was presented to the provincial government by the Pensioners and Pioneers organization in the 1950s. This led, in 1962, to the first government Medicare plan in North America. After each convention, the federation leader would meet with the provincial cabinet to present the resolutions and advocate their proposals. They would also send them to the federal government. This practice is still being carried on today. After the Saskatchewan Federation had three successful years, Nathan Medd initiated the National Pensioners and Seniors Citizen's Federation. To this day, Saskatchewan remains as the number one affiliate of the National. In 1991, Ted Azevedo of Nipawin was elected president of the National, which had a membership of two million seniors across Canada. He was re-elected as president in September 1992.

With the introduction in 1972 of the Federal New Horizons' Program, a new organization was formed in the province in 1977 called the Saskatchewan Association of New Horizons Projects. Then in 1981 the Pensioners and Senior Citizens Organizations and the Saskatchewan Association of New Horizons Projects joined forces to form a larger organization which took on the name...Saskatchewan Seniors Association Inc. (SSAI).

After serving as president of the former PSCO from 1977 until it was dissolved in 1981, Mr. Azevedo became the first president of the SSAI.

SSAI continues to be very proactive in terms of being a voice for seniors in and for Saskatchewan. This includes meeting with the Ministers of Health and the Opposition to create awareness and raise the issues being faced by seniors in Saskatchewan. To this end, SSAI represents seniors on the National Pensioners' Federation.

More than ever before, due to the changing demographics of rural Saskatchewan, the need for seniors to become more engaged has grown. Homecare, access to medical services, transportation, home renovation programs, cost of living, and prescriptions... are just some of the sensitive areas that need to be addressed.

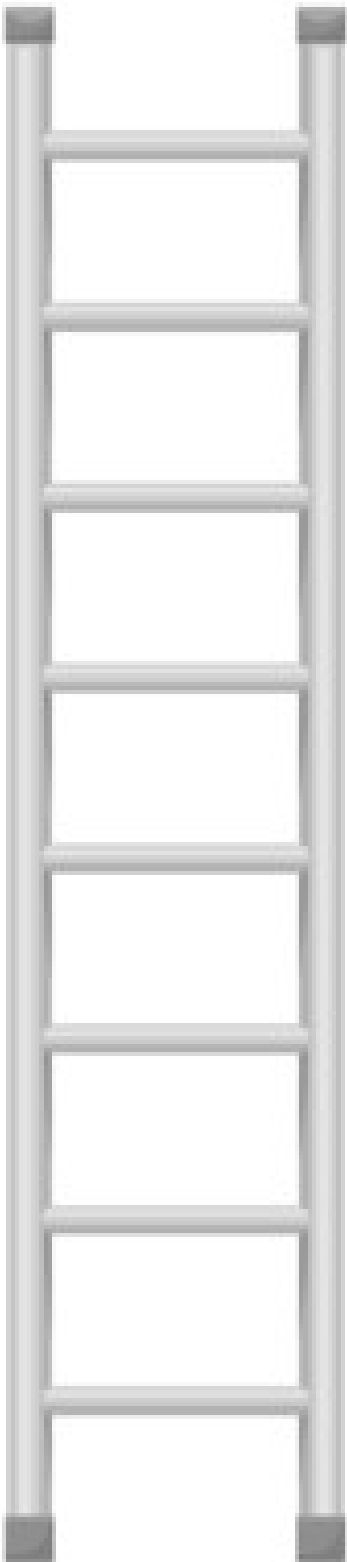
SSAI and its predecessor organizations have a proud history of accomplishments over the years. These accomplishments have not only benefited their own members, but virtually all seniors in Canada. From fighting for Universal Medicare (the first in North America), improving pensions, supporting the provision of home care, promoting wellness programs, and reducing the cost of prescriptions for seniors, SSAI has worked hard to better the lives of seniors in Saskatchewan.

### **Presidents of SSAI:**

|                    |             |
|--------------------|-------------|
| Ted Azevedo        | 1981 – 1988 |
| Eric Tuppin        | 1988        |
| Madge Philips      | 1988 – 1991 |
| Harry Giles        | 1991 – 1992 |
| Edwin Wright       | 1992 – 1993 |
| Helen McMillan     | 1993 – 1994 |
| Harry Moore        | 1994 – 1995 |
| Daryl VanDussen    | 1995        |
| Edward Simonar     | 1995 – 1999 |
| Grant Whitfield    | 1999 – 2002 |
| Fern Haight        | 2002 – 2008 |
| Len Fallows        | 2008 – 2013 |
| Sheila Righi       | 2013        |
| Fern Haight        | 2013 – 2016 |
| Pat Trask          | 2016 – 2019 |
| Dwayne Turcotte    | 2019 – 2020 |
| Mike Kaminski      | 2020 – 2021 |
| Lylie Herman       | 2021 – 2023 |
| Nicoline Warnock   | 2023 – 2025 |
| Lorraine Thibeault | 2025 –      |

## SSAI Members & Clubs – Ladder of Engagement

There are many opportunities and levels of participation to match individual interests.



**Be a Leader** – represent your District/Region as a Coordinator/Director; fill an executive position on the SSAI Board; volunteer to work on special committees.

**Volunteer** – to organise events, activities, programs, meetings, committees, etc.

**Fundraising** – sell/purchase SSAI raffle tickets; donate items to silent auction at convention; bid on items at silent auction; purchase 50/50 tickets at convention; make a donation to our organization.

**Advocate** for Seniors – submit resolutions; sign petitions, write advocacy letters to your MLA/MP, write letters to the editor in your local newspaper; speak to news/media reporters on issues of concern to seniors.

**Participate** in social events, activities, programs, workshops, walkathon; Attend meetings – Club, District, Region, Annual Convention, special meetings; networking with other seniors; vote; submit articles for our SSAI newsletter in Gray Matters; watch videos of archived presentations on our website.

**Join our mailing list** – provide your email and/or mailing address to stay informed - receive news and updates; learn more about our organization; share our info with others!

### **Become an SSAI member:**

- Become an individual member – pay \$5 annual membership fee directly to SSAI Treasurer.
- Join your local seniors club – pay the club membership fee (Clubs affiliated with SSAI will submit \$5/member to SSAI); SSAI Clubs can request SSAI membership cards.
- Clubs/individuals can request to receive honorary membership card and certificate for those who are 90+.



## Membership

To become a member of SSAI, we ask that you contact us by phone, email, or mail. **The cost for membership is \$5.00**

**Phone: 306-493-3023**

**email: [info@saskseniors.com](mailto:info@saskseniors.com)**

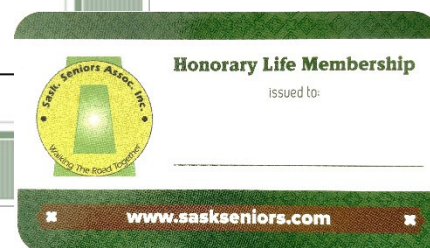
**Mail: Box 455, Vanscoy, SK S0L 3J0**



By joining SSAI you are about to become part of a strong provincial network which continually works for the welfare of seniors without regard to their religion, politics or racial origin.

You will have the opportunity to attend conventions, meet other seniors, get new ideas and learn about other interesting things in other areas. It provides you with the ability to bring your issues to the Provincial board where we can unite and speak directly to the government about them. You benefit from the work, research, and planning done by the SSAI.

**HONORARY LIFE MEMBERSHIP - CARD & CERTIFICATE**  
**for members aged 90+ are available. Contact us for more information.**





## Saskatchewan Seniors Association Inc.

Mail: Box 455, Vanscoy, SK S0L 3J0

Email: [info@saskseniors.com](mailto:info@saskseniors.com)

Website: [saskseniors.com](http://saskseniors.com)

Phone: 306-493-3023

### Individual Membership – \$5/person

The SSAI financial year is from April 1<sup>st</sup> through March 31<sup>st</sup>. Membership dues are to be paid annually. Please complete this submission form and submit your dues as early as possible. Any person may become a member if they pay the prescribed fee directly to the association (SSAI) or to a member club (who will submit membership fees to SSAI based on the number of members in their club).

**Please print contact information clearly.**

#### Contact Information

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
*Mailing Address*

\_\_\_\_\_  
*City/Town* *Prov* *Postal Code*

Phone: \_\_\_\_\_ Alternate Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**Send membership fee and completed form to: Box 455, Vanscoy, SK S0L 3J0**



## Saskatchewan Seniors Association Inc.

Email: info@saskseniors.com

Website: saskseniors.com

Phone: 306-493-3023

The SSAI Financial year is from April 1<sup>st</sup> through March 31<sup>st</sup>. Membership dues are to be paid annually. Please complete this submission form and submit your dues as early as possible.

### **SSAI Membership Fees – \$5/member.**

Each club can set their own club membership fee and submit \$5/member to SSAI.

**Please print contact information clearly.**

#### Club Information

Group/Club Name: \_\_\_\_\_

| Club# | Region | District | # of Members: |
|-------|--------|----------|---------------|
|-------|--------|----------|---------------|

|                  |                       |
|------------------|-----------------------|
| Region Director: | District Coordinator: |
|------------------|-----------------------|

Club Address: \_\_\_\_\_

*Mailing Address*

*City/Town*

*Prov*

*Postal Code*

Club Phone: \_\_\_\_\_ Alternate Phone: \_\_\_\_\_

|            |          |
|------------|----------|
| President: | Address: |
|------------|----------|

|        |        |
|--------|--------|
| Phone: | Email: |
|--------|--------|

|                 |          |
|-----------------|----------|
| Vice-President: | Address: |
|-----------------|----------|

|        |        |
|--------|--------|
| Phone: | Email: |
|--------|--------|

|            |          |
|------------|----------|
| Secretary: | Address: |
|------------|----------|

|        |        |
|--------|--------|
| Phone: | Email: |
|--------|--------|

|            |          |
|------------|----------|
| Treasurer: | Address: |
|------------|----------|

|        |        |
|--------|--------|
| Phone: | Email: |
|--------|--------|

**\* Attach a list of email addresses for members who would like to receive email updates.**

**Please complete and mail to:**

**Shannon Wright, SSAI Secretary/Treasurer Box 455, Vanscoy, SK S0L 3J0**



You are part of our family of activists and participate in our advocacy to improve the lives of aging Canadians.

SSAI is a founding member of NPF. SSAI pays annual membership fees to NPF.

All members of SSAI are considered members of NPF and are entitled to NPF membership benefits. As an NPF Member, we receive subscription to the National Newsletter (3 issues per year), invitation to the biennial convention, and member discounts (including Johnson Travel and Belair Direct Car and Home insurance).

SSAI, as an affiliated group, is entitled to 5 voting delegates at biennial NPF convention and sends volunteer representatives to attend quarterly NPF Affiliates meetings. Leaders are mostly invited as representatives of their base organization. Reports are provided and suggestions on campaigns are directed in these meetings. Very important networking takes place to guide the NPF to speak with one voice.

If an individual or seniors club chooses to pay for their own membership they would be entitled to participate more actively and vote at the NPF biennial convention.

NPF receives no government funding and depends on membership and donations to support our activities. We encourage everyone to visit their website to learn more: <https://nationalpensionersfederation.ca/>

Registration is important for us to be able to communicate with you.

We can send our newsletter and other important information to your email address.



The International Day of Older Persons is observed on October 1 each year. On December 14, 1990, the United Nations General Assembly voted to establish October 1 as the International Day of Older Persons as recorded in Resolution 45/106. The day was observed for the first time on October 1, 1991.

National Pensioners Federation is a collaborating organization for this initiative. Interested groups can contact NPF for support on IDOP events and to publish their actions.

# **SASKATCHEWAN SENIORS ASSOCIATION INCORPORATED 1981**

## **Constitution & Bylaws – (June 2024)**

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## **Constitution**

### **Article 1 - Name**

1. The name of the organization will be Saskatchewan Seniors Association Inc.
2. The acronym of the name will be SSAI.
3. The address of the Association will be the address of the Secretary or Treasurer.
4. The official language of the Association will be English.

### **Article 2 - Objectives**

1. To bring Senior Citizens together in one strong Association that will work for the welfare of Senior Citizens in Saskatchewan.
2. To offer programs and activities that benefit Seniors.
3. To work with other organizations with similar objectives.

### **Article 3 - Membership**

1. Any person may become a member if they pay the prescribed fee to the Association or club.
2. SSAI membership fees will be set by the Executive Board with the approval of the membership at the convention.
3. Any member who has withdrawn their membership or has been removed by the Executive Board for just cause will not have their membership fees returned.
4. Membership fees are to be submitted to the Treasurer.

### **Article 4 - Voting**

1. All meetings requiring a vote on motions or resolutions such votes will be by a show of hands, unless 5 members request to have a ballot vote. If voting is to expel a member, it must be a ballot vote.
2. The President shall not vote. A tie will be considered as defeated.
3. A simple 50% plus 1 shall be considered final as to the decision of the motion/resolution in question.
4. SSAI members in attendance at district/region meetings or convention who are in good standing and have paid-up fees are entitled to vote at these meetings and may run for vacant offices.

## **Article 5 - Executive Board**

1. The Executive Board shall consist of: President, 1st Vice President, 2nd Vice President, Secretary, Treasurer, Past President, and Region Directors.
2. Executive Board Elections:
  - a) The incumbent President automatically assumes the position of Past President at the conclusion of the Convention as the new President assumes the President position.
  - b) The President, 1<sup>st</sup> Vice President and 2<sup>nd</sup> Vice President will be elected at the convention and will take office at the conclusion of the convention.
  - c) The remaining Directors are usually elected at their respective region meetings.
  - d) The Secretary and Treasurer will be appointed by the Executive Board at the conclusion of the convention.
3. Terms of Office:
  - a) The Past President will hold office until the current President's office is vacated and will act in an advisory capacity to the Executive Board.
  - b) The President, 1<sup>st</sup> Vice, and 2<sup>nd</sup> Vice will be elected for a two-year term. The directors are elected for a one-year term at their respective regions.
4. Filling a Vacancy: In the event that an officer/director/coordinator resigns within one month after being elected, the runner-up will be elected to the position. In the event that an officer/director/coordinator resigns after having begun his/her term or is deceased before his/her office of duty terminates, the Board shall in majority vote/appoint another member to fill that position. The term of office of an officer/director/coordinator elected to fill a vacancy shall be for the unexpired term of that vacancy.
5. The Executive Board will convene at least 4 times during the year, unless called by the President for extra meetings.
6. The Executive Board will use their discretion to prepare and deliver pertinent resolutions that are passed at the convention to the respective Government Officials or organizations.
7. Executive Board responsibilities will be found in the Bylaws.
8. Signing authority: Will be determined by the Executive Board at the conclusion of the annual convention or at an executive meeting as needed.
9. The minimum number of directors will be 6.

## **Article 6 - Convention**

1. The annual general meeting shall be known as the Convention.
2. The date, time and place of the convention will be set by the Executive Board.
3. The SSAI constitution can only be changed at the convention. Proposed changes to the Constitution must be sent in writing (email, mail, or hand delivered) to the Clubs and to members at large at least 60 days prior to the Convention at which the proposed changes will be voted on.
4. Motions and resolutions must be in writing, seconded, and signed and handed into the Executive Board as prescribed by the Executive Board.

## **Article 7 - Dissolution**

Upon liquidation and dissolution of the Association the remaining property, after payment of all liabilities, shall be disposed of in accordance with the wishes of the SSAI.

# Bylaws

(Approved May 14, 2025)

## Article 1 - Bylaws

1. SSAI may make, vary or revoke bylaws which shall be consistent with, shall not conflict with, and shall not alter the intent of any part of the constitution.
2. Bylaws may be changed at the Executive Board meeting but require a 21-day notice to the Executive Board.
3. Bylaw changes must have a two-third majority vote of the Executive Board.
4. A quorum will consist of half of the Executive Board members.

## Article 2 - Duties of Officers

1. President
  - shall chair all meetings and committees unless delegated to other members
  - shall not vote
  - shall act as an arbiter in consultation with the Executive Board on questions regarding the Association, handling disputes and complaints
  - shall set and be an ex-officio member of all committees and appoint a chair person
  - shall head all delegations or shall appoint a designate in his/her place
  - shall visit clubs in the Association, time and finances permitting
  - shall ensure all information passed at the Executive Board and convention is given to the persons responsible for acting on or disseminating this information.
2. 1st Vice President
  - shall assist the President as required
  - shall take over as President upon the resignation or passing of the President for the remainder of the President's term of office
  - shall head committees as required
3. 2nd Vice President
  - shall have the same duties as the 1st Vice President
  - shall take over as 1st Vice President if required
4. Secretary
  - shall be appointed by the Executive Board at the conclusion of the convention
  - shall keep the minutes of all meetings of the SSAI Executive Board
  - shall read the minutes of meetings as requested
  - shall send copies of minutes to Executive Board members, coordinators and clubs
  - shall maintain correspondence by telephone, mail and email
  - shall have custody of the official seal of the SSAI to be used on official documents
  - shall maintain a contact list of members and clubs
  - shall prepare the SSAI newsletter for quarterly Gray Matters distributed by SSM
5. Treasurer
  - shall be appointed to the Executive Board at conclusion of the convention
  - shall receive and issue receipts for all dues, per capita fees, and all other monies of the Association, and place them to the credit of the SSAI, in a bank approved by the Executive Board
  - shall make all disbursements of the Association with the consent of the Executive Board as directed and obtain receipts if requested
  - shall keep the accounts of the Association, prepare statements for the Executive Board as required, and see that a reviewed or an audited financial statement is prepared for the annual convention
  - shall co-operate with the reviewer/auditor appointed by the Executive Board to review or audit the books and accounts and verify them correct
  - shall maintain a list of members and clubs who have remitted membership fees
  - shall sign and issue all membership cards to members and clubs
  - shall inform Directors of changes in clubs in a timely manner

- shall have financial signing authority
  - shall receive membership fees from members-at-large and from the clubs
  - shall annually file to Information Services Corporation (ISC) to update the list of directors and submit annual financial statement
  - shall annually file to Canada Revenue Agency (CRA) – annual non-profit corporation tax return
6. Directors
- shall be elected annually in a region designated by the Association
  - shall ensure elections are held in the region and in each of the districts in their region
  - shall act as a communication link between the Association, the region, districts, and clubs
  - shall advise and assist the coordinators in the districts within their region
  - shall contact all clubs in their region annually, either directly or through the coordinator(s)
  - shall sit on committees of the Association and help with SSAI functions
  - shall attend SSAI Executive Board meetings
7. Coordinators
- shall be elected annually in the district at a district annual meeting
  - shall assist clubs in identifying local problems and possible solutions and keep the Director informed of club level concerns
  - shall keep the local clubs informed about matters relating to the Association, region and district levels
  - are encouraged to attend SSAI board meetings, sit on committees of the Association, and help with SSAI functions

### **Article 3 - Members at Large**

Members for whom no club is available or who do not wish to join a club shall become members at large. Members are encouraged but not required to join a club to lend support at the local level. See also: Constitution – Article 3.

### **Article 4 - Application Rejection**

1. Club or Executive Board may reject an individual membership with a two-third vote majority.
2. Club or Executive Board may also cancel an existing membership with a two-third vote majority.
3. Cancelled membership will not have fees refunded.
4. Member who has had his membership rejected/cancelled may within 30 days appeal in writing to the President of the SSAI.

### **Article 5 - Organizational Structures & Administration**

1. The Association is composed of members at large and members of clubs united to form the Saskatchewan Seniors Association Inc.
2. The province is divided into districts - adjoining districts form a region. Boundaries will be flexible enough to take care of any necessary changes.
3. The fiscal year will be April 1 - March 31.

### **Article 6 - Funding**

Funding will be by per capita fee (annual membership fee) plus any additional funding (i.e. grants, donations) and fundraising as determined by the Executive Board.

If funds are available, Officers, Directors, and Coordinators may be compensated for mileage and other expenses. They shall submit expense sheets to the SSAI Treasurer.



## **Article 7 - Clubs**

1. The local group shall be called a club.
2. Each club will select its own directors and officers and establish its own bylaws to meet its local requirements in accordance with its constitution.
3. Each club will collect annual SSAI membership fees and remit these to the SSAI Treasurer.
4. Each club will send updated club contact information to the SSAI Secretary.
5. Each club will communicate and share pertinent information – share SSAI mail/email with club members; submit annual summary of club activities to SSAI Secretary.
6. Each club will communicate & network with the District Coordinator, Region Director and other clubs within your District and Region if possible.
7. If a club wishes to move to a different region, a letter of intent stating the same must be submitted to the SSAI Executive Board.

## **Article 8 - Districts**

1. Each district will hold a district meeting at least once per year to elect a Coordinator, to hold office for 1-year term. Incumbent is eligible for nomination.  
(See also Constitution Articles 3.1 and 4.4)
2. Coordinators job description in Article 2 item 7.
3. Expenses for the district meeting will be the responsibilities of the district clubs.

## **Article 9 - Regions**

1. Each region will hold a meeting at least once per year to elect a Director, to hold office for 1-year term. Incumbent is eligible for nomination.  
(See also Constitution Articles 3.1 and 4.4)
2. In some cases, the district and region meetings may be combined into one event on the same day in one location. Ensure that attendees break up into groups based on their district to vote/elect a coordinator for their local district.
3. Vacant coordinator positions may also be filled at a region meeting
4. Expenses for the region meeting will be the responsibilities of the region clubs.
5. The regions that encompass the cities of Regina and Saskatoon may elect an extra Coordinator for these cities if deemed necessary.

## **Article 10 – Elections**

1. Vacant director/coordinator positions may also be filled at convention.
2. A nomination to an executive position of a member not present at the meeting at which an election is taking place may be made if the member nominated has signed a written statement signifying acceptance.

## **Article 11 – Multiple Leadership Positions**

1. More members are encouraged to get involved in volunteer leadership roles
2. a member may fill the positions of both district coordinator and region director if necessary
3. If a region director or district coordinator is elected at convention to the position of President, 1<sup>st</sup> Vice President, or 2<sup>nd</sup> Vice President, they may fulfill the duties of both positions as described in Bylaws Article 2, however they are entitled to only one vote on the Executive Board. The President shall not vote.
4. a region director elected to another provincial executive position may appoint one of the coordinators from their region to attend ongoing provincial board meetings to represent their region and vote on behalf of their region.
5. a region director unable to attend a provincial board meeting may appoint one of the coordinators from their region to attend the meeting to represent their region and vote on behalf of their region.

## **Article 12 – Recognition of Members**

Recognition of members may be issued by the SSAI executive board as follows:

- a. 90+ Category: anyone 90 years of age or over can receive honorary life membership (does not pay the annual fee) and a congratulatory certificate. A request must be submitted to the SSAI Secretary.
- b. Extraordinary Service Category: for extraordinary service to the Association, a certificate for this service may be given to the member at the discretion of the SSAI Executive Board.

## **Article 13 – Review of documents**

The Constitution & Bylaws and SSAI Handbook will be reviewed at least every two years with recommendations for change being sent to the Executive Board:

- a. for discussion and potential adoption at their executive meeting for bylaw changes and handbook changes
- b. for distribution to the membership and for potential adoption at the Annual Convention for Constitutional changes.

## **Article 14 - Oath of Office**

Officers shall be lined up at the front of the hall, the installing officer shall ask:

“Do you the elected officers accept the offices you have been elected to fill?”

The officers answer in the affirmative, “I do”

and the installing officer shall give the following Oath of Office:

“I, (NAME), do solemnly pledge upon my honour, to perform the duties of my office into which I am about to be installed, to the best of my ability, and in accordance with the principals and constitution of the Saskatchewan Seniors Association Inc. Always having a high regard for the welfare of the members and all seniors. I also promise that I will deliver to my successor in office, all records and property of this association, which may be in my possession at the close of my term of office. To all this I pledge my most sacred word of honour.”

The installing Officer will then say: “I now pronounce the Officers of the Saskatchewan Seniors Association Inc. duly installed into their several offices. May Peace, Harmony, and Great Achievements endure throughout your tenure of office.”

## **Article 15 - History**

The Saskatchewan Seniors Association Inc. (SSAI) came into being June 12, 1981, at a joint convention held in Saskatoon, the home of the first organized Seniors in Saskatchewan, by uniting the Pensioners and Seniors Organizations, with the Saskatchewan Association of New Horizons Projects, formed in 1976, to give SSAI a membership of over twenty-five thousand.